

BRIEFING BRADFORD



Twentieth Issue!

We would like to use this opportunity to thank you all for your support, subscribing and advertising with us. Currently 1621 people receive this mailing, keep sharing and watch this number rise!

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DISTRICT NEWS

#WorkingBetterTogether19 Conference

St. George's Centre, Leeds, Thursday 19 September 2019, 9:00 - 16:00

#WorkingBetterTogether19 will be a comprehensive day of learning through key note **speakers and workshops**, sharing cutting edge research and innovative practice developments on addressing sexual and criminal exploitation of young people from across the country.

We aim to feature victims' voices and perspectives throughout, and including an understanding of perpetrators of such exploitation and the wider context of responses to sexual abuse. It will be an excellent opportunity to network and create further opportunities for partnership work.

Please **book your attendance through Eventbrite.**

Confirmed speakers include:

Ann Coffey MP - Chair of the parliamentary group on runaway & missing children & adults

Evan Jones - Head of Child Criminal Exploitation Development at the St. Giles Trust

Phil Ashford - Manager of the CSE Response Unit at the NWG Network

Dr. Pam Jarvis - Leeds Trinity University Institute of Childhood and Education

Shannon Little & Mariel Kirton - Victim Support Young Person's ISVA Team

& many more TBA

Basis
yorkshire

Recruitment Day

Step 2 are holding a recruitment day with a view to building a bank of highly committed, qualified counsellors who we will be able to offer sessional work to on an ongoing basis as new projects develop. You will work as part of our dedicated and growing team, offering counselling to young people either at our Bradford base/community settings (11-19yrs) and/or in Primary and/or Secondary Schools.

This is an exciting opportunity for qualified Person Centred Counsellors (minimum Diploma) who have some experience of working with young people and who are passionate about this area of work. You will be flexible in your approach and be well supported in your work.

The Recruitment day will involve some group activities as well as 1:1 interviews. It will take place on Thursday 11th July 10:00 – 16:00 at Step 2, 102 Tong Street, Bradford, BD4 6HD

For an informal discussion contact Pauline Mullarkey on 07985127097

For an application pack please email pauline@step2.org.uk

See [advertisement](#) for more information.



DISTRICT NEWS

Free Community Space

Open Doors is coming to Bradford! Over the next 10 months a shop on John Street is going to be transformed into a space for the community. We're now looking for participants who want to use the space — do you have an idea that will make your high street more social and will bring people together? Apply now!

Open Doors is a scheme which brings empty high street shops to life by matching landlords with individuals or groups looking for space to house their activities. We're now looking for participants to trial their ideas in one of the available high street shops in Bradford, Rochford, Fenton, Slough and Kettering. The spaces are offered free of charge to successful applicants until April 2020, including utility costs.

Find more information on the pilot and ways to apply here: meanwhile.org.uk/opendoors

**OPEN
DOORS**

Lower Grange Community Litter Pick

Saturday 22nd June 2019, 10:30 – 12:30
Meet at Lower Grange Youth and Community Centre at 10:15

Come and join us to help make Lower Grange a cleaner and more enjoyable place to live.

All equipment will be provided on the day.
All welcome and free refreshments provided for all those involved! For more information, contact Lower Grange Community Centre on: 01274 880328

FREE SAGE 50 Accounting 2 Day Workshop

Bradford University are inviting Bradford charities, community groups, faith groups, voluntary organisations and parents' groups and organisations to engage with our award-winning Career Booster Programme for **FREE**.

For more information and how to book please see [information leaflet](#).

Bradford Cathedral Centenary Festival

Bradford Cathedral will be marking the half way point of its Centenary year by opening its doors on Saturday 15th June for its first annual festival which will see a whole range of free activities and events. See [Press Release](#) for more information.



New research: Start somewhere

An exploratory study into making technology imaginable and usable for small voluntary organisations has found that although many organisations are keen to engage with 'tech', they don't always know where to access appropriate support or have the time to learn how to practically implement and use it. Study findings include tips and advice from small voluntary organisations on overcoming the barriers to using technology; pointers for support organisations; and things for funders to think about – such as how they can support infrastructure, training and experimentation costs associated with 'digital transformation'. Read more [in the IVAR report!](#)

DISTRICT NEWS

The Big Conversation Part 2: Living the life you want

The Big Conversations are a series of free events encouraging people with learning disabilities and people with autism to have a greater say in how they live their lives. For more information please [see video](#).

See [full list of dates and venues](#) across the district.



Local Volunteer Awarded British Empire Medal

A volunteer who has worked to alleviate loneliness in the Ilkley and Wharfedale district has been recognised in the Queen's Birthday Honours list.

Judy Hutton, 68, of Addingham Moorside, has been awarded the British Empire Medal for services to the community in Ilkley.

[Read the full article](#) to find out all Judy's accomplishments within the community!

Would you enjoy 'Giving Back'?

Giving Back– is a 2-year programme funded by Comic Relief based at Womenzone community centre in Bradford. The project involves the recruitment of 50 Community Champion women aged 65+ to set up and run 3 social action groups in family mentoring, a theatre group and a wellbeing group. The project has currently been delivered in Bradford East, sustaining long term participation of the hardest to reach.

The social action groups provide our beneficiaries with the chance to be active, be more involved, and feel valued. This alongside the fact that they enjoy greater levels of empowerment, make new friends and reduce their social isolation to improve their mental health and wellbeing.

Our well-developed Wellbeing Group takes place every Tuesday 10:30 - 14:30 to support people with mental and physical health problems to recover and manage their wellbeing. Creative activities such as, chair exercises, light dance exercises especially designed for their age, Geometrical art, and health workshops take place in the group. We have recently purchased a tennis table to encourage ladies to play tennis to give stimulation to their brains and have fun.

We are looking for more Community Champions to get involved in any aspects of this project particularly in Mentoring, if you are interested or know anyone who would be please do get in touch with Rubina Khalid/Melissa Ryan Thomas on 01274 665270. For further information see the [information sheet](#).



FUNDING

[Proposal for Involvement of People Affected by Dementia.](#)

West Yorkshire and Harrogate Health and Care Partnership invites expressions of interest for work to enable ongoing involvement of people living with dementia and family caregivers in the national dementia pilot. Deadline 5 July 2019 (12 noon).

[Sport England Workforce Diversity fund, deadline 3 July 2019.](#)

New fund to find ways to get more Women and/or Black, Asian and minority ethnic people into the sport and physical activity coaching and volunteering workforce.

Funding and Advice Fair

Did you attend the Bradford Funding and Advice Fair held on Tuesday 18th June at the Great Victoria Hotel?

If you did, why not head over to our [survey](#) and give us some feedback about how you found it?

We want to know about what you wanted out of the day, whether you got it, and what your ideas are for next year's event so we can continue to deliver!

[Give your feedback now!](#)

[Market Information Event, Youth Empowerment 2 July 2019.](#)

2pm to 4pm at St Edmund's Nursery School and Children's Centre

[Asset Based Community Development small grants for Airedale.](#)

£250 to £500 grants for grassroots community activities that will improve the health and wellbeing of local people in the Airedale area. Deadline 12 July 2019 (5pm).

[Inter Faith Week 2019 small grants, deadline 24 August 2019.](#)

Grants up to £800 for events organised by and for young people focused around Inter Faith Week from 10 to 17 November 2019.

[Skipton Properties charity grants.](#)

Skipton Properties is giving away £1,000 to a local charity each and every month for the next year in the towns and villages of its current and future developments. In Bradford district this includes Haworth, Harden and Shipley.

[Nationwide Building Society Community Grants, deadline 5 July 2019.](#)

Grants of £10,000 to £50,000 for local housing projects that will strengthen local communities by preventing people from losing their home, helping people in to a home, or supporting people to thrive within the home environment.



COMMUNITY ACTION & VAL TRAINING

NEW COURSE

Professional Boundaries

Do you know the values and importance of Professional Boundaries in the workplace?

Date: Wednesday 3rd July

Time: 10:00 – 13:00

Venue: Manningham Mills

Cost: £48/£60/£120

Trainer: Neil Lee

The aims of this course will: Examine your own views, concerns and expectations in relation to professional boundaries and Understand the meaning of 'Professional Boundaries' Help adopting clear working practices that establish professional boundaries in the workplace.

[Book now](#)

Quickbooks Online

Do you want to enhance your finance reporting skills?

Date: Thursday 18th July

Time: 10:00 – 16:00

Venue: Manningham Mills

Cost: £70/£90/£160

Trainer: Rhys North

Thinking of setting up using Online QuickBooks, or are starting in a role using the system, this course will provide an introduction:

How to set up the organisation? How to record receipts and payment? How to reconcile to a bank statement. How to run simple report?

[Book Now](#)

Information and News

Follow us on [Twitter](#) to stay informed about our Training

Not seen anything you like? There are more courses to choose from online.

Visit our [Training Calendar](#)

Contact the training team

Email: training@cabad.org.uk or Call: 07419 133797

Diane Fox - Training Coordinator: dianef@cabad.org.uk

Cheryl Cowling – Training Administrator: cherylc@cabad.org.uk

How to book

Book online via the course page and we will invoice once a couple of days prior to the course.

Our standard [cancellation policy](#) applies to all courses except First Aid. There is a separate [cancellation policy for First Aid courses](#).

COMMUNITY ACTION & VAL TRAINING

First Aid Courses July

1st-3rd July First Aid at Work

9th-10th July First Aid Requalification

16th July – Emergency First Aid

View our Training Calendar for **MORE** First Aid courses up to December [HERE](#)

FREE Course

Starting from Scratch

17th July – Manningham Mills

The session will help new groups to: Look at the things they need to do to get started. This includes drawing up a set of rules (called the constitution). Opening a bank account in the name of the group and Where to go to get help with accounts & funding.

[Book Now](#)

Measuring Outcomes and Impact

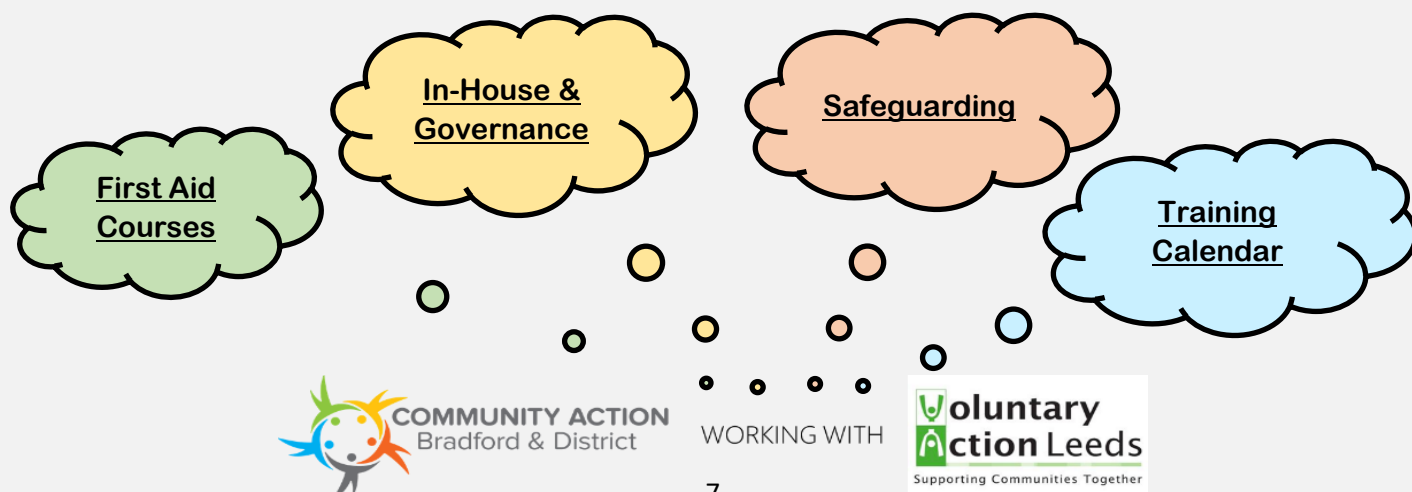
16th July- Manningham Mills

This course is aimed at voluntary and community organisations who want to demonstrate the difference their project makes. We will cover clarifying and evidencing outcomes to support funding applications and demonstrate the impact of your work.

[Book Now](#)

What training would you like to see Community Action Bradford deliver?

Moving Offices – Our Bradford Office will be moving to Perkin House very soon and we will have our very own Training Room. Watch this space!



OTHER TRAINING & EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20 10:00-12:30 <u>Welfare Reform Impact Bradford</u> <u>Fundraising Day</u>	21 <u>Small Charity Big Impact Day</u>
24 <u>Safeguarding Week</u>	25 10:00 – 12:00 <u>Volunteer Centre Drop In</u>	26 Briefing Bradford Deadline	27 13:00 – 15:00 <u>Volunteer Centre Drop In</u>	28
1 Hot Picks Deadline	2 10:00 – 12:00 <u>Volunteer Centre Drop In</u>	3	4 13:00 – 15:00 <u>Volunteer Centre Drop In</u>	5
8	9 10:00 – 11:30 <u>Volunteer Centre Drop In</u>	10 Briefing Bradford Deadline	11 13:00 – 15:00 <u>Volunteer Centre Drop In</u>	12
15 Hot Picks Deadline	16 10:00 – 12:00 <u>Volunteer Centre Drop In</u>	17	18 13:00 – 15:00 <u>Volunteer Centre Drop In</u>	19

VCS JOBS

Featured Job

[Wellbeing Lead](#)

Organisation: The Cellar Trust

We are looking for a Wellbeing Lead with lived experience in the area of mental health, to provide high quality leadership to this team of Wellbeing Coaches

Salary: £22,885 - 28,770 pro rata

Hours: 30

Closing date: 24th June 17:00

[Creative & Wellbeing Project Manager](#)

Organisation: Pioneer Projects

Salary: £21,176

Hours: 30

Closing date: 20th June 17:00

[Leader of under 5s ministry](#)

Organisation: The Parish of Keighley

Salary: Living wage

Hours: 16 (term time only)

Closing date: 22nd June 12:00 noon

[Environmental Lead Project Worker - YMCA Bradford](#)

Organisation: YMCA Bradford

Salary: £10.47 p/h

Hours: 15

Closing date: 28th June 9:00

[Environmental Lead Project Worker Casual - YMCA Bradford](#)

Organisation: YMCA Bradford

Salary: £9.35 to £10.26 p/h

Hours: As & When Required

Closing date: 28th June 9:00

[Y:Zone Summer Activity Support Worker - YMCA Bradford](#)

Organisation: YMCA Bradford

Salary: £9.35 - £10.26 p/h

Hours: 30

Closing date: 28th June 9:00

[Outreach Youth Worker - Casual](#)

Organisation: YMCA Bradford

Salary: £9.35 - £10.26 p/h

Hours: Casual

Closing date: 28th June 9:00

[Y:Zone Project Support Worker](#)

Organisation: YMCA Bradford

Salary: £9.35 - £10.26 p/h

Hours: 16

Closing date: 28th June 9:00

[Shop Manager](#)

Organisation: The Ark Charity Shop

Salary: £9.00 p/h

Hours: 18

Closing date: 28th June 23:00

[Client Services Manager](#)

Organisation: Bradford North Foodbank

Salary: £11.59 p/h

Hours: 12

Closing date: 30th June 10:00

[Caretaker - Bank Staff](#)

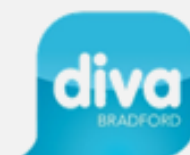
Organisation: YMCA Bradford

Salary: £8.24 p/h

Hours: 24-30

Closing date: 29th April 2021 9:00

Our jobs are brought to you via



CHILDREN & YOUNG PEOPLE

Young Lives Forum

The next Young Lives Forum will take place **Thursday, 18 July**, 13:30 – 16:00. The theme for this event will be Safeguarding, which will include a presentation from Fiona Broadfoot, the Build A Girl Project. We will also be updating on recent changes to referring into Children's Social Care. Further information to follow of speakers to be added to the agenda. [Book a place.](#)

Young Lives Updates

Keep up to date with what's happening at a Strategic level across the District and take a look the [Young Lives Bradford updates.](#) You will also find here our regular Safeguarding updates with news on local training, resources and policy updates.

Promoting your services to Bradford Schools

To promote your news or services to staff and teachers in local Bradford and District schools visit [Bradford Schools Online \(BSO\)](#) news page where you can post your news items. These will appear on their news feed page and be included in their weekly email 'FH Communications' which is a round up of news sent out every Friday to school staff and other subscribers.

Sign up to receive FH Communications [here](#) or email:

FHCommunications@bradford.gov.uk

The Impact of Domestic Abuse on Children and Young People

Step 2 'Talking Taboos' Workshop on **26th June**. [Book a place.](#)



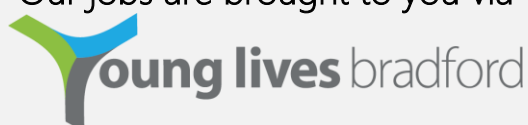
Bradford Safeguarding Weeks starts next **Monday, 24th June – Friday, 28th June**. A lot of new events have been added over the past couple of weeks. [Take a look at the programme of events.](#)

Young Lives will be running an 'Introduction to Safeguarding' session aimed at VCS organisations working with children and young people. Event takes place **Tuesday 25th June**, 10:00 – 11:30. Email younglivesbradford@cabad.org.uk to book.

Honour Based Abuse and Forced Marriage Workshop

This workshop is a late addition to Bradford Safeguarding Week by Karma Nirvana. This event is suitable for all professionals. Use this password **BRADFORD2019** when booking. [Book a place.](#)

Our jobs are brought to you via



CHILDREN & YOUNG PEOPLE

Safeguarding information for small charities

Do you think you know what safeguarding means, but are unsure whether it really matters for your organisation? Did you create a safeguarding policy once and have never needed to do anything with it since? Or have you decided you do need to do something, but don't know where to start?

NCVO is looking for help to test some information being produced for small charities working in the UK. Could you help by taking a short survey, reading information and answering questions about the information?

It should take between 5 and 15 minutes to complete. [Take the survey now!](#) And if you need any Safeguarding help or advice feel free to email us at:

younglivesbradford@cabad.org.uk

Safeguarding Steering group for the voluntary sector

Young Lives Bradford seeks to empower its network of voluntary and community organisations to achieve better outcomes for children and young people in Bradford. As part of our work, we co-ordinate a Safeguarding Steering group for the VCS which reports back and contributes to the work of the Bradford Safeguarding Children Board. This group is open to anyone who works with children and young people in Bradford and District who has an interest or works in Safeguarding as part of their role.

If you would like more information or to be involved email the team at younglivesbradford@cabad.org.uk

Counselling Recruitment day

Find out about working for Step 2 at their Counselling Recruitment day on **Thursday, 11th July**. Contact Pauline Mullarkey – 07985 127097. For application pack email pauline@step2.org.uk - 07985 127097. [More information.](#)

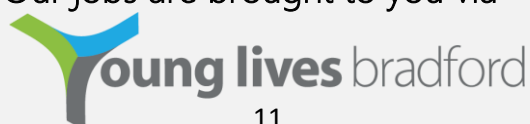
Measles Vaccination

Groups who work with vulnerable and marginalised community members are being asked by Bradford Public Health to display posters encouraging people to get their measles vaccinations. [Measles Outbreak poster English](#) & [Measles Outbreak poster Romanian](#) & [Measles Outbreak Community flyer](#)

Make Bradford your city

[Make It Your City](#) have produced a resource of 6 films of young people doing inspiring things in the community you may wish to share with young people.

Our jobs are brought to you via



VOLUNTEERING

Bradford Festival of Volunteering

“Great atmosphere with BCB Radio and a steel band!”

We would like to extend a huge thank to all the groups who were part of the Volunteers’ Week Festival of Volunteering in Bradford City Park. Over twenty-five groups attended and promoted their volunteering roles to prospective volunteers. It was a great opportunity for groups to network with each other and to promote their services to a wider public. Participants were kept informed and entertained during the event by BCB radio, The Pantasy Steel Band and students from S.O.R.M (School of Rock and media). The weather was fairly kind to us and fortunately we avoided the worst of the rain. We had some great feedback that we will use to help plan future events.

Summer Volunteering Roles for 16 - 18 year olds

The summer holidays are approaching and young people may be looking for volunteering opportunities during the holidays. If your organisation needs volunteers to support short term or one off activities taking place during the school holidays, please let us know as soon as possible so we can put together information to give to potential volunteers. We need the following information:

Date/times of activities

A brief description of the volunteer role

A minimum age for volunteers

Contact name and telephone number/email

Ilkley and District Community Showcase

This event took place at The King’s Hall and Winter Gardens, Ilkley and was also part of Volunteers’ Week celebrations. It provided a great opportunity for staff from Bradford Volunteer Centre to find out about the wide range of volunteer roles available in Ilkley and its surrounding district. We will be working with many of these groups in the next few weeks to help them promote their roles so if you know someone who wants to volunteer in this part of Bradford, tell them to get in touch with us.

Book Group Leader with Fairweather

A fantastic role for anyone with a passion for reading. Fairweather is looking for volunteers to run a reading group aimed at socially isolated people. So if you have a love of books and wide taste in literature, they want to hear from you.

Shipley Glen Tramway

This lovely historic tramway operating from Saltaire to Baildon Moor, relies on volunteers to keep it going. It runs at weekends and Wednesdays during the school holidays. There is a range of roles available from selling tickets to driving the trams to litter picking. You can also help with maintenance work on Tuesdays if you have a bit of engineering knowledge. A great way to spend a bit of free time.

VOLUNTEERING

Become a Better Start Community Champion

Community Champions volunteer with families in deprived areas of Bradford to offer much needed support. As a Champion you will be promoting the work of Better Start and encouraging families to engage with the services on offer. A lovely varied role for anyone with an interest in early years.

Better Start is also recruiting for board members to be involved with the project at a strategic level.

It is looking for parents or grandparents, who have had experience of using services for young children and who have the confidence be the voice of local families, dealing with high level decision making and monitoring project performance.



****NEWS FLASH****

We're moving!!!

Volunteering Bradford's Volunteer Centre is moving to new premises on Monday 8th July.

This means we will be shut to the public week beginning 1st July and reopen on Tuesday 9th July.

There will be not be a Volunteer Centre Drop-in on Tuesday 2nd or Thursday 4th July.

Our new address will be PERKIN HOUSE, 82 GRATTON ROAD, BRADFORD, BD1 2LU.

Email and phone number contacts will remain unchanged.

The new building is fully accessible and located within Bradford City Centre.

Volunteer with All Stars Cricket this summer!

All Stars cricket is an 8 week cricket programme for children from 5-8 years which runs from May – September, 2019. Sessions take place in a variety of venues across the Bradford District and the England and Wales Cricket Board is recruiting Volunteer Activators to be part of the fun. You do not need any cricket or sporting coaching experience - just a "can do" attitude and a desire to be part of something special! If you don't want to be an activator, there are other roles available – helping with registrations and assisting with refreshments and more. [Further details](#) or contact Justin Preston 07824 334332.

COMMUNITY SHOWCASE

People Can is an open invitation to everyone in our communities, neighbourhoods, villages and towns that make up the district to Work Together and discover how we can make a difference to our lives and the places we live.....

People Can is a:

- **community** of people finding new ways to Work Together;
- shared **approach** to solving problems and meeting needs;
- shared set of **tools and resources** to get things done

Who are you as an organisation?

People Can is an open invitation to everyone in our communities, neighbourhoods, villages and towns that make up the district to work together and discover how we can make a difference to our lives and the places we live. We are here to support, promote and highlight the achievements of individuals, groups and communities that make a difference. We can also work with individuals to make links with like minds to build a stronger movement.

Why was the organisation founded?

The concept came about in 2016 as a response to austerity which meant we needed to work more flexibly with the voluntary and community sector along with individuals in our communities to encourage them to volunteer, be more neighbourly, take up community action and fundraise / find resources for the things they wanted to do.

How has that aim and directive changed over time, if at all?

We still have the same aims, we still want to demonstrate that People Can #MakeaDifference in their own communities by being good neighbours, volunteering and being more active but we now actively work to encourage this by sharing good practice and showing examples of what People Can do in order to inspire more people to do more. If you have an idea, if you see something that you feel needs to change then please get in touch and we'll try to work together to make change happen.

What are you most proud of about your organisation?

Personally, the highlight for me is the Community Star awards. I absolutely love the process, the nominations often bring a tear to my eye because there are so many truly inspirational people out there, who do so much for their neighbours, for their communities, just because they believe they can make a difference and they do. The awards evening itself is totally focussed on these amazing individuals and we try our best to make it a night to remember for all who are nominated.

COMMUNITY SHOWCASE

What is the greatest challenge facing your organisation in the current sector and how could others (organisations or individuals) help you overcome it?





We all know the challenges faced by both the Local Authority and the VCS, money is tight. I fully believe that we can survive by looking at more collaborative work. I come from a voluntary sector background, I know just how determined it is to do the best for the communities of Bradford and we want to help with the next steps of the journey in these financially challenging times. We can link groups and projects together to apply for joint funding. We aim to map VCS provision across the district so that groups can make those links themselves which will reduce duplication at the same time as identifying gaps.

If you could give one piece of advice to other voluntary/community organisations, what would it be?

Work together. Gone are the days when VCS organisations can work in isolation and hold onto their funding. There just isn't the funding available to allow that any more. Think creatively, use us to enable this. We are a district wide resource and we want to work with you to ensure the continuity of the sector.

Do you have anything additional you would like to let others know about?

Watch this space for Local Insight reports and social value calculations that we will be able to create so that VCS organisations can access comprehensive, up to date data that is needed for grants applications and also for monitoring of projects. We'll release more details soon.

			
Be Neighbourly	Volunteer	Find Resources	Community Action
"Chance made us neighbours – choice made us friends"	"The best way to find yourself is to lose yourself in the service of others."	"No one has ever become poor by giving"	"Small acts when multiplied by millions of people can change the world"

Contact details for People Can Bradford District

Phone: 01274 431831

Email: peoplecan@bradford.gov.uk

Website: <http://peoplecanbradforddistrict.org.uk/>



OPPORTUNITIES

Welfare Reform Impact Bradford

Thursday June 20th 2019 at the Thornbury Centre, Leeds Old Road BD3 8JX 10:00 to 12:30

Registration and refreshments from 9:30

Issues to be Explored:

- *What impact is poverty having upon the health of people and communities in Bradford?*
- *What challenges are faced by Bradford health care providers in 'poverty stricken' areas?*
- *What positive steps can faith groups and others make to challenge and alleviate this situation?*

We warmly invite you to join us for an event that can enable us all to learn and contribute.

Open to Faith Communities, and all who want to tackle poverty in Bradford and Keighley.

Booking – email [Richard Paley](#)

For more information see [poster](#) or phone Gordon Dey on 01274 674565

**WELLSPRINGS
TOGETHER** 
Supporting Communities in the Bradford Area

BEAUTIFUL BD5 GARDEN COMPETITION 2019

This year's competition is now open to a range of individuals and organisations in BD5 to enter. This project is organised and supported by local people who help set the direction and act as judges. There are 6 categories this year (more than ever before) so there should be something for everyone.

- Beautiful garden
- Beautiful yard
- Community garden
- School garden
- Edible garden
- garden/yard for young children

Prizes will be awarded for the winners and those taking part will be invited to a presentation event at Cedar Court Hotel in September.

Closing date 19th July 2019.

Any school or community groups interested in entering AND wanting to host a planting workshop for community members please let [Sheila](#) know.

FREE Mindfulness Garden taster sessions and programs

Mindfulness Garden taster sessions and programs, funded by Council Health & Wellbeing fund for Older People's Day Opportunities, are currently taking place at Horton Community Farm Co-op Ltd on Cecil Avenue allotments, Cecil Avenue, BD7 3BW

Horton Community Farm have so far advertised separate sessions for women only and mixed groups. They are aiming to offer some taster sessions over the summer and will be offering further 8-week programs in September and October too. See [poster](#) for further information.


HORTON
COMMUNITY FARM

ASSEMBLY NEWS

Unless stated otherwise all Forums are held at CNet premises and are open to anybody – if you want to become a member email Wendy@cnet.org.uk. To attend Young Lives Bradford Forum email younglivesbradford@cabad.org.uk

Health & Wellbeing Forum

Tuesday 30 July 2019, 9:30 – 12:00

The meeting will have a focus on the Care Trust, and updates on Better Start Bradford and the Joint Strategic Needs Assessment (JSNA).

The Health and Wellbeing Forum works to ensure the involvement of the voluntary and community sector (VCS) in the development and delivery of health and social care services in Bradford district.

Community Economic Forum

Monday 8 July 2019, 9:30 – 11:30

Brexit and the VCS.

The CEF forum is committed to widening access to opportunities in learning, employment and social enterprise. Members have the opportunity to represent the views of the forum at district, sub-regional, regional and national levels and to share good practice and form partnerships and alliances as appropriate.

All welcome.

Equalities Forum

Date TBC

The Equalities Forum aims to ensure that equalities work (in terms of race, gender, disability, social class, sexuality, age and faith) remains an important focus not just within the VCS and Assembly structure, but that it is also embedded within statutory and private sector services. All welcome.

Safer Communities Forum

Date TBC

The Safer Communities Forum enables the voluntary and community sector to engage with statutory partners. The forum has a voice within the strategic decision making partnerships with the aim of developing solutions and shared outcomes to create a safer community for the citizens of Bradford. All welcome.

Young Lives Forum

Keep up to date with what's happening at a Strategic level across the District with the [Young Lives Bradford updates](#). You will also see here our regular Safeguarding updates with news on local training, resources and policy updates.

The next **Young Lives Forum** will take place **Thursday, 18 July**, 13:30 – 16:00. The theme for this event will be Safeguarding, which will include a presentation from Fiona Broadfoot, the [Build A Girl Project](#).

We will also be updating on recent changes to referring into Children's Social Care. Further information to follow of speakers to be added to the agenda. [Book a place](#).

Women's Health Network

Wednesday 7 August 2019, 10:00 – 12:00

The Women's Health Network (WHN) is a collective of women living and/or working in Bradford who have an interest in issues affecting the health and wellbeing of women and their families, with a particular focus on the engagement of seldom heard voices.

RESOURCES

Autism - A Multi-Dimensional Approach

Bradford City Football Club Events Suite, Valley Parade, Bradford, BD8 7DY – 9:00 - 17:00

Specialist Autism Services are a Yorkshire based organisation who work directly with local adults with autism and their families and carers. We provide autism specific tailored learning programmes, outreach support, employment support and counselling services which contribute to our members developing new skills, confidence, and independence.

To celebrate our 10 year anniversary, and the 20 year anniversary of our charity partner Sacar, we are hosting a conference in Bradford on **Thursday 26th September 2019**. Autism: A Multi-Dimensional Approach will focus on the topic of Autism and Wellbeing. We have an array of experts and innovators joining us to speak as well as engaging workshops, exciting stalls, and networking opportunities throughout the day.

We would be delighted if you could join us, and we would be extremely grateful if you could share details of our conference with any contacts you have who may also be interested.

For more information and to book a ticket, please visit our [Eventbrite](#) page.



Set up a Community Fridge

A simple way of sharing good food that would otherwise go to waste.

The average UK family wastes £810 a year by throwing away food and drink, and £3 billion is wasted by food sectors. Despite growing awareness of food waste, there are few easy ways for people or businesses to get food near its 'sell by' date to others.

In 2016 we launched a Community Fridge in Derbyshire to redistribute good food to the community. Since then, Community Fridges have popped up across the UK helping thousands connect to their communities, access nutritious food, save money and reduce waste. To connect the projects and exchange support, Hubbub set up the free Community Fridge Network in 2017.

Set up a Community Fridge

Want to see a Community Fridge in your local area? We've created a 'How To Guide' and template materials to take you through the stages for setting up a Community Fridge. We've also created the free **Community Fridge Network** to connect all of the Community Fridge projects across the UK and IE, so you can exchange advice and support.

If you'd like a copy of the 'How To' guide or more information on joining the network, drop us an e-mail at communityfridge@hubbub.org.uk.

You can also join the open Community Fridge [Facebook community here](#).

Bradford Refugee week

Bradford Refugee week is a national event – the UK's largest festival celebrating the contribution refugees make to our society, and promoting understanding of why people seek sanctuary across the globe. Our programme of events here in Bradford reflects the diversity of our city and the enthusiasm people have to contribute – it's a jam packed week with something for everyone to enjoy and think about. Please [see the booklet](#) for all events happening across the District.

MISSED SOMETHING?

Find this newsletter on the Community Action website:
<https://www.cabad.org.uk/briefing-bradford>

Subscribe now by heading to <https://divabradford.org.uk/> and register with a user account or contact us using the details to the right.

BE IN THE NEXT ISSUE

Submit your content to briefingbradford@cabad.org.uk by 26th June to have it in the next issue.

Advertise with us for flexible rates, get in touch with us here:
briefingbradford@cabad.org.uk
[01535 612500](tel:01535612500)

CONTACT US

Community Action have offices at:

Bread and Roses Café, 14 North Parade, BD1 3HT 01274 724192

Riddings Hall, Riddings Road, Ilkley LS29 9LU 01943 603348

Cardigan House, Ferncliffe Road, Bingley, BD16 2TA 01274 781222

Central Hall, Alice Street, Keighley, BD21 3JD 01535 612500

Volunteer Centre have offices at:

19-25 Sunbridge Road, Bradford, BD1 2AY 01274 725434

23 Temple Row, Keighley BD21 2AH 01535 609506

CNet have an office at:

114-116 Manningham Ln, Bradford BD8 7JF 01274 305045

