



*Angeltouche*

*Create Incredible!*

*Nancy Christie Johansen*

# *Angel Whispers*



*Your E-Book Guide  
to  
Crystal Clear Connections  
with  
the Angels*



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# *Angel Whispers*

## *Your Guide to Crystal Clear Connections With The Angels*

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If you are reading this book right now, then the angels have been trying to get your attention. Even if you have been completely unaware of it, your angels have already been working with you! Angels are loving, wisdom filled, messengers of God. They walk amongst us, usually unseen. They are loving, supporting and guiding us. But because of the gift of free will, they wait to be asked in order to become more active in our lives. Unless it is a matter of life or death before our time, they are waiting for our permission to become our active partners. The first letter in the word Angel is “A” for “Ask.” If you haven’t asked your angels to help you yet, you are in for a life changing experience. Let’s learn more!





The good news is, you are already in touch with your angels! Your angels have been trying to get your attention. You have always been receiving psychic, intuitive signs and messages throughout your life. Just how does this happen? Intuitively, of course!



Let's talk about your strongest and most prevalent psychic sense and all of your psychic abilities. You are a gifted psychic, you just haven't discovered that yet!



## Discovering Your Primary “Clair”

### Clairvoyance or Clairvoyant:

From the French for “Clear Sighted”, this is the ability to see things psychically or beyond the range of “normal” vision. You can see things in your minds’ eye.

### Clairsentience or Clairsentient:

From the French for “Clear Sensing”, this is the ability to receive messages psychically from outside ones self through the emotions or feelings rather than intellectually. You can feel the emotions of another person or situation intuitively. Clairsentience is the most common channel of psychic ability.

### Claircognizance or Claircognizant:

From the French for “Clear knowing”, this is the ability to receive full awareness or complete knowledge about a situation psychically from outside ones self ~ You just know things.

### Clairaudience or Clairaudient:

From the French for “Clear hearing”, this is the ability to receive information psychically or intuitively through the sense of hearing. You hear the messages in your ear.



## Your Psychic Senses

In order to discover your strongest psychic sense or your “primary clair.” I want you to take a minute and answer a few questions ~ Go with your gut, there are no wrong answers here. Your first impulse is the correct answer for you.

1. Think about a favorite movie that you have seen ... what is it you most remember?
  - a. The scenery, costumes, colors and visuals
  - b. The music, the accents of the people and the sounds
  - c. What you learned, the information you received
  - d. The emotions and the way it made you feel
  
2. Think about the last vacation or trip that you have been on... what is it that you most remember about your travels?
  - a. The scenery, the costumes, the colors and dress
  - b. The music, the accents of the people, and the sounds
  - c. What you learned about on your travels
  - d. The emotions and the way it made you feel



3. Think about the last time you met someone new... What is it that you most remember about them?
  - a. The way they looked and the way they dressed
  - b. The sound of their voice
  - c. What you learned from them
  - d. The way they made you feel
  
4. Think about the last time you had a day off ... What is it that you most enjoyed about your time?
  - a. What you saw, the colors, the different items, people
  - b. The music, people talking and laughing, the sounds
  - c. What you learned being out and about or read in a book
  - d. The emotions and the way you were feeling that day

If you answered mostly

“A’s” ~ Your primary psychic ability is Clairvoyance

“B’s” ~ Your primary way of receiving information is Clairaudience

“C’s” ~ Your 1st cylinder that fires is Claircognizance

“D’s” ~ Your primary “Clair” is Clairsentience





Your primary clair is the sense that usually kicks in first for you. This is just like the cylinders in your car. This is your first gear. Even though one kicks in first, the others will follow. Once you have received that piece of divine information it's time to check in with all of your psychic senses. When you are seeking divine guidance through meditation, prayer, or using oracle cards, just remember that we all have all of these tools. So ask yourself how you are feeling? What are you seeing in your mind? What are you hearing? What do you just know? Your angels are sending you messages in every way possible. It's time for you to tune in and fine tune your skills.

The question isn't,  
"Is spirit speaking?"

The question is,  
"Are you listening?"

~ Nancy Johansen







## Who's Who in the Spirit World

**Angels** ~ Divine Celestial beings that act as Messengers of the Creator bringing love, light, guidance and protection. Angels were created as angels and have never led an earthly life though they have been known to take on an earthly appearance to complete a mission.

**Ascended Masters** ~ these souls once walked the earth and led an earthly existence as humans, but now having learned all their human lessons, have crossed over and continue to work as spiritual guides, teachers and role models from the other side, offering wisdom for those of us who remain in an earthly existence.

**Spirit Guides** ~ these souls have also lead an earth plane existence and having learned many lessons and progressing well with their own journeys toward enlightenment choose to assist individuals with guidance and support for this lifetime, from the other side. These may be deceased relatives or someone you have known and connected with during other lifetimes.



**Elementals** ~ fairies, elves, pixies, gnomes, leprechauns, mermaids, unicorns & some believe dolphins and incarnated animals make up the realm of the nature angels. These magical beings are often the easiest of the spirit realm to see, as they are almost as dense in vibration as humans. At one time these creatures freely roamed the planet, but as the environment became more & more polluted and less & less friendly, they have opted to raise their vibrations to a higher, safer plane. However, if you show that you are “environmentally friendly” and earn their trust, these wonderful creatures will also act to assist you with guidance and direction especially in environmental and physical issues.

**Avatars** ~ these are living Masters who are also available to help with divine guidance. Most avatars have elected to come to the earth plane for the express purpose of teaching and assisting us, forsaking their own physical comfort and devoting their time to the cause of humanity. Most well known is Sai Baba who is able to tele-transport, materialize objects and complete other feats that transcend the material illusions of this physical existence.

**Remember you are not alone. You are profoundly psychic!**



**Deceased Loved Ones** ~ And last but certainly not least are our deceased loved ones, relatives that have crossed that we know and relatives that have gone before that we have never met. Any and all of these spirits can and often do act as spirit guides surrounding us with love and whispering guidance to us from their new perspective. Unlike angels and guides, these individuals are not permanently assigned to be by your side, but have chosen to work with you. It is important to realize that just because someone has crossed, that does not make them an expert on all things! Yes your grandmother loves you, but her guidance in the stock market may not be her greatest talent. But you may want her to be with you while you are cooking and baking if she was known for her culinary expertise. And even though your dad who had a drinking problem and never really talked with you in the physical world, with his new clarity, perspective and awareness at going home you may now connect in a way you were never before able. It is true, love does go on forever. And in most situations, connecting to let you know that you are loved, they are safe and well and not “lost” and offering their support is just as important to your loved ones as it is to you! Keep your heart and mind open to receiving and there are no limits to crystal clear those connections can be. Your loved ones are not just a memory, energy cannot be destroyed, only the form has changed, not the essence.





## A Guide to the Archangels

Archangels are like the managers who oversee our guardian angels. They are larger, louder, and extremely powerful. They are one type of the 9 types of angels who include the Angels, Archangels, Principalities Powers Virtues Dominions Thrones Cherubim and Seraphim. Since Archangels are non-denominational meaning you do not have to belong to a particular religious order to call upon them for their loving help and support. Since Archangels are limitless nonphysical beings they can help everyone who calls on them simultaneously. You can even ask them to be permanently by your side, and they will honor this request. Angels are not like humans in the physical sense. Angels do not get tired. In fact the more you call upon the angels, the more powerful they become!

Archangel Michael and Gabriel are named in the bible. Some versions of the bible also include Raphael and Uriel. Ancient Jewish texts expand this list to 15 Archangels. All names end in the el sound meaning of “of God” or “from God” with the exception of Metatron and Sandalphon who are the only Angels to have walked a physical path before being called up by God to join him in heaven as Archangels.

The following is a brief description of each of the archangels, what issues they specialize in and what colors you can use to attract them.



## Meet the Archangels

Archangel Michael whose name means “He who looks like God.” He has a bright electric blue aura and the crystals associated with Michael are deep purple amethyst and sugilite Call on Michael for courage, purpose, energy, vitality, motivation, clearing, protection, Spirit releasment, self-esteem, dedication & commitment, and akashic records. Considered the strongest and most powerful of all Archangels. Described in the bible, and other Christian, Jewish and islamic sacred texts performing heroic acts of protection. Patron Saint of police and firemen. He oversees the Virtues.

Archangel Gabriel whose name means “Messenger of God.” He has a bright shiny copper aura, like his trumpet. The crystal associated with Gabriel is citrine. Call upon Gabriel for help with communication, creativity, writing, Helps parents with conception, adoption, and through child rearing, assists with media so works with teachers, writers and artists. Some faiths see Gabriel as male, some see her as female. In the book of Luke Gabriel foretold of the upcoming births of John the Baptist and Jesus. In the Old Testament Gabriel saved Abrahams son Lot from Sodem’s destruction. Mohammed said that Gabriel dictated the Koran the Islamic sacred text to him.



Archangel Raphael whose name means “Healer of God.” The crystals most associated with Raphael are emeralds or malachite. Call upon Gabriel for healing of any type, addictions, clear sight, healers, pets, clearing, releasing, traveling. He works with healers and would be healers. He is one of 3 presently sainted Archangels, although at one time there were 7 sainted angels. In the book of Tobit, a canonical book of the bible Raphael describes himself as a servant before the glory God. He is believed to be one of the 3 angels who visited Abraham, and because he assisted Tobias on his journey he is considered a patron saint of travelers. But his main role is always healing.

Archangel Uriel whose name means “Light or Fire of God.” Uriel has a beautiful golden amber aura and of course the crystal associated with Uriel is amber. Also known as the Angel of Light creative solutions, divine magic, weather, writing, studies, spiritual understanding, he sheds light on any situation, and helps you see your guides. In Hebrew text Uriel's roles are varied and vast. It is believed that he was the angel who warned Noah of the great flood. As the angel of light he is associated with the angelic realm of the illuminated seraphim who are closest to God in the 9 choirs of angels. Uriel is one of the major 4 Archangels including Michael, Raphael and Gabriel.





Archangel Ariel whose name means “Lion or Lioness of God” with a pale pink aura and rose quartz is associated with her. Call on her for assistance with Divine magic, Nature and the elements, manifestation, wild animals & creatures, money, shelter and supplies. The nostics believed that Ariel ruled the winds. Assoc with King Solomon and the angelic realms called the Thrones. Works with Raphael to heal animals.

Archangel Azriel whose name means “Whom God Helps” with a pale yellow aura and the crystal associated is yellow calcite. Known as The Angel of Death he assists with, crossing over, heals and comforts the grieving & dying. Known as the angel of death in both hebrew and islamic in both traditions. Works with Raphael and King Solomon.

Archangel Chamuel whose name means “He Who Sees God” has a pale green aura and green fluorite is the crystal most associated with him. Chamuel eases anxiety, and assists with Personal & global peace, finding soulmates, a magician at finding lost items and people, even finding a career & purpose. Associated with and Considered the leader of the Powers, and is one of the 10 Sephiroth angels of the Kabbalah.



Archangel Haniel whose name means “Glory of God” has a bluish white aura and is associated with moonstones, Grace, Moon energy, healing, psychic ability, clairvoyance, she heals women from pain during their menstrual cycles. Associated with the Moon and Venus. She is also one of the 10 Sephiroth angels in the Kabbalah. She escorted the prophet Enoch to heaven.

Archangel Jeremiel whose name means “Mercy of God” has a beautiful violet aura is associated with the crystal amethyst. Call upon him to assist you with any 3<sup>rd</sup> Eye Issues, life review, life changes, psychic dreams, emotions, forgiveness and positive change. Ancient Jewish text list Jeremiel as one of the 7 core angels. Baruch a prolific 1st century author was assisted by Jeremiel, so it is believed that Jeremiel helps with prophetic visions

Archangel Jophiel whose name means “Beauty of God” has an amazing bright fuchsia pink aura and the crystals pink rubilite and pink tourmaline. She happily assists with beauty of all types, thoughts, decorating, feng shui. She heals negative thoughts, lifts negativity, clearing the energy of homes, offices and vehicles. Some traditions call her Sophiel or Iophiel. Patron of artists. The torah refers to Jophiel as an upholder of Divine Law.



Archangel Metatron or Enoch whose name means "He who occupies the throne next to the divine throne" has a beautiful green & pink aura and is associated with the crystal watermelon tourmaline. He assists with children's issues, ADD, ADHD, writing, record keeping, organization. In ancient Jewish tradition is the Chief of the Sephiroth Kabbalistic Archangels and is credited for helping Moses lead the exodus from Egypt to Israel. The Talmud says he watches over children in heaven and on earth. It is said that because of his great faith he was taken up to heaven by God to become one of God's great angels.







Archangel Raguel whose name means “Friend of God”, has a perfect sky blue aura and is associated with the crystals aquamarine or aquaora, Call upon Raguel to help with harmony & balance in all relationships, co-operation, defending the underdog, and healing misunderstandings. The book of Enoch describes Raguel the overseer of all the angels and assuring harmony between them. Rage assisted with the ascension of Enoch into heaven and with his transformation into Metron.

Archangel Raziel whose name means “Secrets of God”, has a rainbow colored aura and is associated with the clear quartz crystal. He heals spiritual blocks and helps with dream interpretation, sacred geometry, reiki, manifestation, alchemy, psychic abilities, esoteric studies. Ancient Jewish lore says that Raziel sits so close to the rhone of God that he hears all of Gods secrets. Which he has written in a book called Sepher Raziel, which means the book of the Angel Raziel in English. Legend says he gave this book to Adam as was leaving Eden and to Noah when he was building the arc. The Kabbalah describes Raziel as the embodiment of Divine Wisdom.



Archangel Sandalphon was the prophet Elijah, his name means "Brother" and his aura is turquoise blue and he is associated with the stone turquoise. He assists with healing aggressive tendencies, helps to carry prayers to God, music, unborn babies, musical healing, and grounding. Since he is one of the two men who ascended into heaven and became Archangels, he is considered to be the twin brother of Enoch. According to ancient Jewish lore, because of his great breadth and height Moses calls him the Tall Angel.

Archangel Zadkiel whose name means "Righteousness of God" has a deep blue aura and is associated with lapis lazuli crystals. He will help to heal memory problems, find lost objects, with forgiveness, compassion, healing, and studies. Many scholars believe it was Zadkiel who prevented Abraham from sacrificing his son Isaac. The kaballah describes Zadkiel as a co-chieftan who assists Michael in protecting and releasing us from lower energies.





## True Guidance vs False Guidance

One of the most frequently asked questions that I receive is, “How do I know the difference between true and false guidance?” Well, it just so happens that I was required to write a paper on this topic when I became certified as an Angel Therapy Practitioner® by Doreen Virtue in 2003. On the plane ride home I pulled out a pad of lined paper, (no lap top in those days, lol!) and began to pray. “Dear angels, please help me write a paper on divine guidance.” Immediately I was surrounded by that amazing cobalt blue energy of Archangel Michael and I heard him say, “This is how you will know...” and I began writing as fast as I possibly



could. It probably took me all of 10 minutes. When I was done, I actually felt a bit guilty, like I had cheated on a test. But since it was the angels who helped it me out, I decided it was probably ok. I have used this channeled guide ever since. I hope it will give you the clarity you seek. Hearing angels is a blessing. Psychotic hallucinations are hurtful. The difference is very clear. Divine guidance is helpful, comforting, uplifting, and empowering. Psychotic hallucinations are hurtful, belittling, negative,

anxiety producing and disempowering. I don't think you will have any trouble at all in recognizing the difference.





It is only by the highest authority that We give you these guidelines. Please consider that these are the Sacred Twelve Truths for Discernment ~ Archangel Michael.

1. True guidance may only be given from a place of love. Do not attempt to give True Guidance from a place of fear, anger, or resentment.
2. True guidance will never ask that you do anything to hurt yourself or others.
3. True guidance is a gift of the Spirit. It shall always ring true in your heart chakra even after intense scrutiny.
4. True guidance will be echoed through incidents of synchronicity if you are allowing yourself to be a clear channel of receiving.
5. True guidance always has a healing effect on both receiver and giver just by the telling.



6. True guidance is rarely forgotten by the receiver once spoken, and will often be repeated in thought if ignored.
7. True guidance is delivered through teaching & suggestion. It is never demanded or ordered, unless there is an issue of life or death.
8. True guidance is always empowering and strengthening, never hurtful or belittling.
9. True guidance will never lead you away from your life's true purpose.
10. True guidance comes in Divine Timing and cannot be rushed or delayed once heaven's plan is set in motion.
11. True guidance never bears false witness, criticizes or condemns, but instead leads and guides to the true alternative purposeful path.
12. True guidance is patient, kind and never fails because true guidance is always a gift of Love, despite the outward apparent outcomes.



## ~ Angelic Number Sequences ~



Another way that our angels send us messages and guidance is through repetitive number sequences. Have you noticed that whenever you check the time it is 1:11, 2:22, 3:33 or 4:44 etc, etc? Do you always see the same numbers when you look at license plates, street signs, on vans and trucks or on the radio dial? Pay attention, your angels often use these as an easy way to catch our attention and send a little support or information our way...





111 ~ Your thoughts are manifesting with record speed NOW, monitor your thoughts carefully. A gate of Opportunity is opening. Ask the angels to help direct your thoughts. Independence is called for now.

222 ~ Don't quit 5 minutes before the miracle occurs. Your intentions are beginning to grow, keep holding positive thoughts, keep affirming and continue visualizing. Harmony and cooperation and communication will you help you now.

333 ~ The Ascended Masters are near you offering their love and assistance. Famous masters include Jesus, Buddha, Mary, Quan Yin and Yogananda. Don't be afraid to make a choice, there are opportunities presenting themselves to you now.

444 ~ You are surrounded by angels now, feel their love and power. Don't worry, help is here now. This is the time to create stability and strength, just be sure you don't get too stubborn.

555~ Buckle your seatbelt, major life change is upon you. This change should not be viewed as negative or positive but part of life's natural flow. Change is usually an answer to prayer, see yourself at peace. Great time for travel and change of location!



666 ~ Your thoughts are out of balance. You are focused too much on the material world. Angels ask you to focus on Spirit and Service and know that your material and emotional needs will be provided for. Be careful that you are not procrastinating now.

777 ~ The angels applaud you and congratulate you. You're on a spiritual roll. Keep up the good work, know that your dreams are coming true and expect more miracles. Spiritual seeking, meditation, classes and workshops serve you well. Seek within.

888 ~ A phase in your life is about to end (job, relationship, etc.). This is a sign to give you forewarning Don't procrastinate making your move. There is a light at the end of the tunnel. There is tremendous power available to you now if you are willing to see it.

999 ~ Completion, the end of a phase in your personal or global life. It is a message to lightworkers involved in Earth healing and The angels say get to work because they need you now. It is time to let go of something, surrender and release brings you the most progress.

000 ~ A reminder that you are one with God and feel the presence of your creators love within you. It is also the angel's way of telling you a situation has come full circle. You are connected to all and living oneness serves you best.



## May How to Do a Psychic Reading Using Oracle Cards

1. Prayer or Meditation ~ Start each session with prayer or meditation to connect with spirit. Take time to clear your energy, get grounded and centered. Ask the angels for their assistance and call upon the spirit you wish to work with. I always invite the angels, archangels, my spirit guides, and any deceased loved ones who wish to assist and work with me.
2. Cleansing Your Deck ~ You can clear your deck by saying a prayer over it. I actually hold my deck up in the air and knock on it 3 times. My intention is to knock out any old energy from past readings, my home or office or from the factory where the cards were made. You can say "Angels clear and cleanse my deck now" or you can use your own words which is always best.
3. Consecrate Your Deck ~ If you treat your cards like a game, then that is all they are... a pretty game. But if pray over your deck and consecrate or bless your deck, then it becomes a tool for sacred communication with spirit. I usually say something like, "It is my intention to read with confidence, with clarity and for the highest and best good, only in light. May anyone who is touched by these cards be blessed and receive what is most helpful for them now."





4. Shuffle and Cut the Deck ~ Shuffle your cards until you intuitively know that you are done. You may notice that the cards start to stick together or become difficult to shuffle. If one card jumps out of the deck, it is called a “jumper.” It’s a message the angels wanted to make sure that you receive. If more than one card jumps out or if all the cards seem to explode, that is called “dropping the deck.” Don’t read too much into it. I like to cut the deck into 3 piles and then put them back together as it feels right. Just remember that you are the reader, how you choose to shuffle and cut is up to you.

5. Picking a Layout ~ You may want to do a one-card reading, a 3-card reading, a Celtic-Cross reading or a 22-card reading. It is all about what you are comfortable with and what feels right to you. I recommend you start with one card and move forward from there.



6. Layout or Card Placement ~ You assign the meaning of the card placement on the table. One card only tells the whole meaning. 3-card layout may signify past, present and future situation or it could be the physical, mental/emotional, and spiritual aspects of the question. It is all up to you. Set it in your mind before you lay out the cards. It could even be Home, Work and Play. There are infinite possibilities for layouts. Any great book of tarot card layouts may be used with angel cards, too. The Celtic Cross gives lots of specific information and is tried and true. If you like can lay out your cards and then cover each card with a second for double the information. You are the reader, you get to decide.







7. Interpreting the Cards ~ The very first thing that pops into your head when you look at a card is your intuitive meaning. That

is the most important meaning! Next look at the card and see if it seems to be telling you a story, note the colors, any designs, check in with all of your “clairs.” Last of all, read the meaning assigned to the card by the author if it came with a book. Every



card has a story to tell you and spirit will guide you. It is like any skill worth learning, the more you practice, the better your skill becomes. Remember that your angels don’t take you from A-Z. But they will take you from A-B, then B-C, then C-D. Just start speaking, you will receive more information as you go. It is safe for you to trust. You are working with the angels. Practice really does make perfect.





## ~ Angeltouche Prayers~

### Prayer for Consecration of an Oracle Deck

May this deck be an instrument of blessing & healing. May all who are read by this deck be touched with insight, understanding and peace. May all the angels and archangels guide, support and clarify my readings. May I read with confidence, with clarity, with best intentions, for the highest good.

### Prayer Before a Reading

My intention for these cards is to read for (name) well, with confidence, with clarity (remember use all your Clairs!!), with only the best intentions, and for the highest good.

### First in the morning, Last in the Evening

Happy am I,  
Holy am I,  
Healthy am I.... (Don't forget to smile)  
(Repeat this 3 times!)