Materials List

Five Senses

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Five Senses, Heron Books				
Other Materials				
FOR STUDENT SKETCHBOOK:	salt (or similar salty food)			
plain paper	small containers (suggest 2-4 oz.			
colored construction paper	opaque)			
pencil	SMELL ACTIVITIES:			
colored pencils or markers	small opaque containers for each scent (suggest 2-4 oz.) with holes for smelling			
SIGHT ACTIVITY:	common fragrant items such as			
mirror	cinnamon, coffee, onion, flower-scented			
SOUND ACTIVITY:	lotion (or similar)			
5 small plastic opaque containers	chopped onion (or similar food)			
(suggest 2-4 oz.), or items can be placed	raisins (or similar sweet food)			
in a fabric bag	bits of fruit and vegetables			
assorted small objects in each container such as: pebbles, coins, paper clips, erasers (or similar)	premade word cards with above food labeled on each, individually			
word card for each object	TOUCH ACTIVITIES			
TASTE ACTIVITY:	container for various tactile objects			
raisin (or similar sweet food)	10 different objects representing textures: rough/smooth, soft/hard,			
lemon (or similar sour food)	prickly/fuzzy			
baker's chocolate (or similar bitter food)	small bag for tactile guessing game			

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