

BEGINNING MACRAMÉ

NAME _____ SCHOOL _____

DATE STARTED _____ DATE COMPLETED _____

PREREQUISITE: None.

HOW TO DO THIS COURSE: Do the steps one at a time, in order. When you finish a step, put your initials and the date on the sign-off line on the right. A split line means to get a pass (and an initial) from another student (or your supervisor if it says that). A * means get a checkout. Essays are turned in to the supervisor.

PURPOSE: Learn to make the basic knots of macramé.

ESTIMATED TIME: 20 hours.

MATERIALS NEEDED FOR THIS COURSE _____

A sampler board with various types of macramé cord and the following types of knots labeled: Lark's Head, square knot, square knot button, half knot, clove hitch *or* a book on beginning macramé that shows each of those things; mounting board, pins (such as T-pins, U-pins and/or straight pins), macramé cord (at least two skeins), 12 feet of heavy cord or twine ($\frac{1}{4}$ inch in diameter, braided clothesline will do); scissors, clay, beads (optional). Other materials can be found outside: sticks, pine cones, etc.

Heron study booklet with these Data Sheets (DS): 1076

Exam: 2418

A. STARTING TO MACRAMÉ

1. READ: Data Sheet #1076 Macramé, beginning to heading "Materials to help a Beginner in Macramé." _____
2. DEMONSTRATE: Look at the sampler board and the different kinds of cords, or look at them in a macramé book. _____
3. READ: Data Sheet #1076, section "Materials to Help a Beginner in Macramé." _____
4. PRACTICAL APPLICATION: If you haven't bought one, make a mounting board out of materials you find. _____
5. READ: Data Sheet #1076, section "Starting a Macramé Piece." _____
6. DRILL: Figure out how much cord you need for each starter cord if you want your hanging to be:
 - a) 2 feet long

- b) 1 foot long
- c) 5 feet long
- d) 3 feet long

Supervisor pass.

- 7. DRILL: Find 2 things you can use as a frame for a macramé hanging. _____
- 8. DRILL: Using the heavy rope or twine, cut 4 lengths, each 3 feet long. You will use these cords and one of your frames to demonstrate the knots while reading the data sheets. _____
- 9. READ: Data Sheet #1076, section “Lark’s Head.” _____
- 10. DEMONSTRATE: Compare your Lark’s Head with the one on the sampler board or in a macramé book. _____
- 11. DEMONSTRATE USING CLAY: The Lark’s Head. Make two, one showing the loop in front and one with the loop in back. _____
- 12. DRILL: Cut a piece of cord 12 inches long. Pin this cord on to your mounting board. Cut 8 lengths of cord 8 inches long each. Put the cords on to the mounting board, using the Lark’s Head. Tie four with the loop in the front, and four with the loop in the back. **Supervisor pass.** _____
- 13. DRILL: Cut 12 lengths of cord, each 4 feet long. Using one of your frames, put the cords on with loop in back or front, whichever you choose. This will become your sampler for the knots you will be learning. **Supervisor pass.** _____

B. THE SQUARE KNOT

- 1. READ: Data Sheet #1076, section “The Square Knot,” demonstrating the knots with heavy twine. _____
- 2. DEMONSTRATE: Compare your square knot with the one on the sampler or in a macramé book. _____
- 3. DRILL: On your sampler, make a row of square knots. Then make another row, making this one criss-cross to the first. Then make

another row the same as the first. Compare this to the ones on the sampler or in a macramé book. **Supervisor pass** on the square knots. _____

4. READ: Data Sheet #1076, section “Square Knot Buttons,” demonstrating the knots with heavy twine. _____

5. DRILL: On your sampler, make at least three square knot buttons. Compare them to the ones on the sampler or in a macramé book. **Supervisor pass.** _____

6. READ: Data Sheet #1076, section “The Twisted Square Knot or Half Knot.” Using the heavy twine, make the knots until you get a twist. _____

7. DEMONSTRATE USING CLAY: The difference between a square knot and a half knot. _____

8. DRILL: On your sampler, make a row of half knots. Make them all two inches long. **Supervisor pass.** _____

C. THE CLOVE HITCH

1. READ: Data Sheet #1076, section “The Clove Hitch,” demonstrating the knots with heavy twine. _____

2. DRILL: On your sampler, make a row of clove hitches. Then make another one. **Supervisor pass.** _____

3. DRILL: On your sampler, make an “X” design using the clove hitch. _____

4. DRILL: Make one other design, using the clove hitch. _____

D. MAKING A PIECE

1. READ: Data Sheet #1076, section “Combining the Knots to Make a Piece.” _____

2. PRACTICAL APPLICATION: Get a sturdy, good-sized frame. Cut some cords to the size you desire. Make a piece using the knots you choose. _____

3. PRACTICAL APPLICATION: Using a long piece of cord as your frame, make a macramé necklace using the design you choose. _____

4. PRACTICAL APPLICATION: Make two other macramé pieces of your own choice and design. **Supervisor pass.** Save your pieces to take to the examiner. _____

I have completed the steps of this course. I understand what I studied and can use it.

Student _____ Date _____

The student has completed the steps of this course and knows and can apply what was studied.

Supervisor _____ Date _____

This student has passed the exam for this course.

Examiner _____ Date _____

6 September 1976 Revised 25 July 2001
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