

THE DRUG BOOK COURSE

Based on the works of L. Ron Hubbard

NAME _____ SCHOOL _____

DATE STARTED _____ DATE COMPLETED _____

PREREQUISITE: None.

HOW TO DO THIS COURSE: Do the steps one at a time, in order. When you finish a step, put your initials and the date on the sign-off line on the right. A split line means to get a pass (and an initial) from another student (or your supervisor if it says that). A * means get a checkout. Essays are turned in to the supervisor.

PURPOSE: Learn what drugs do, and to make responsible decisions about drugs.

ESTIMATED TIME: 12 hours.

MATERIALS NEEDED FOR THIS COURSE _____

Heron materials:

The Drug Book, based on the works of L. Ron Hubbard, Heron Books

Exams: Data Sheets #596, 4832 (review)

Other materials:

Access to newspapers, magazines and TV ads.

A. THE DRUG BOOK

1. DEFINE: drug (all definitions) _____
2. READ: *The Drug Book* (DB), pages 1–6. _____
3. ESSAY: Think of five times when you or people you know have taken drugs, and tell about each briefly. _____
- *4. READ: DB, pages 7–13. _____
5. DEMONSTRATE (with whatever objects you wish to use): medical drugs. _____
6. READ: DB, pages 14–20. _____
7. DEMONSTRATE USING CLAY: An effect of marijuana. _____
8. READ: DB, pages 21–23. _____
9. ESSAY: Tell how the effects of drugs that you just read about could affect someone's life. **Supervisor pass.** _____
- *10. READ: DB, pages 24–33. _____

11. DEMONSTRATE (with objects): Drugs as:
 - a) stimulants ____ b) sedatives ____ c) poisons ____
- *12. READ: DB, pages 34–42.
13. DEMONSTRATE USING CLAY: Show that drugs can stay in the body for years, and what effects that can cause.
- *14. READ: DB, pages 43–48.
15. ESSAY: Give three examples of occupations in which it could be very dangerous to be taking drugs that cause the effects described on pages 44 and 46, and explain why.
16. DEMONSTRATE USING CLAY: Addiction, showing what it is and how it can happen. **Supervisor pass.**
- *17. READ: DB, pages 49–53.
18. DEMONSTRATE (with objects): How drugs can make a person seem stupid.
19. READ: DB, pages 54–60.
20. DEMONSTRATE (with objects): Examples of each of the reasons for taking drugs described on pages 58–60.
21. READ: DB, pages 61–63.
22. DEMONSTRATE (with objects): How drugs actually affect a person and why.
- *23. READ: DB, pages 64–73.
24. DEMONSTRATE USING CLAY: The drug personality. **Supervisor pass.**
25. ESSAY: Describe some things that a drug personality might do. If you have ever known anyone who has taken a lot of drugs, tell a little bit about that person and state whether or not you think he or she acted like a drug personality. **Supervisor pass.**
- *26. READ: DB, pages 75–89.
27. DRILL: Make a list of all of the effects of drugs listed on pages 80–86. Practice saying the list from memory until you can do so without referring to it.

B. FINAL APPLICATIONS

1. PRACTICAL APPLICATION: Look at at least five newspapers, magazines or television advertisements which encourage someone to take drugs. Take notes on what they say. Notice what they don't say. Now draw up an ad of your own which could go in a newspaper or magazine which encourages someone *not* to take drugs and explains why. Try to make your ad communicate well so it would be effective. **Supervisor pass.**

2. PRACTICAL APPLICATION: Have another student play the part of someone who is trying to get you to take some street drug. He is to do his best to convince you that it is a good idea, using such statements as:

"Once won't hurt you."

"I'll give it to you free."

"You don't know what you're missing."

"It will make you more alive."

"Everybody else is taking it."

"After a while, you can just quit it if you don't like it and it won't hurt you."

You are to deal with him, expressing the data on the subject of drugs as you have learned them in this course, and as they are true for you.

This drill should be done at least four times, with the other student applying stronger and stronger pressure, until it is clear that the student can handle any such situation with certainty. **Supervisor pass** for final pass.

I have completed the steps of this course. I understand what I studied and can use it.

Student _____ Date _____

The student has completed the steps of this course and knows and can apply what was studied.

Supervisor _____ Date _____

The student has passed the exam for this course.

Examiner _____ Date _____

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