

Learning Starts with You

Name _____ Date _____

PURPOSE

Find out about learning on your own.

HOW TO DO THIS COURSE: Do the steps in order. Write your initials and the date on the sign-off line when you finish a step. Two lines means you get the step checked by another student or, if stated, by your teacher. Have them initial the second line. All written work is turned in to your teacher.

ESTIMATED TIME: 10 hours

BOOK:

Learning Starts with You, Heron Books

A. YOU'RE ALWAYS LEARNING

1. READ: *Learning Starts with You*, Chapter 1 You're Always Learning. _____
2. ACTIVITY: Go talk to a grown-up. Ask him or her to tell you about some of the things they learned since finishing school and how they learned those things. Tell your teacher what you found out. **Teacher pass.** _____

B. LEARNING ON YOUR OWN

1. READ: Chapter 2 Learning on Your Own, section "What Is Learning?" _____
2. ACTIVITY: Make a list of five things you learned yesterday by adding to what you know. _____
3. READ: Chapter 2 section "What Is Learning on Your Own?" _____

4. ACTIVITY: Show your teacher what “learning on your own” means. Then tell your teacher some things you have learned on your own. **Teacher pass.** _____
5. READ: Chapter 2 section “Why Learn on Your Own?” _____
6. ACTIVITY: Make a list of ten or more things you would like to learn to do in your life, either now or later. **Teacher pass.** _____

C. DIFFERENT WAYS TO LEARN

1. READ: Chapter 3 Different Ways to Learn, through section “Looking.” _____
2. ACTIVITY: Walk around and find something you don’t know much about. Look at it to learn some things about it that you didn’t notice before. When you’re done, write down several things you learned about it. _____
3. READ: Chapter 3 section “Other People.” _____
4. ACTIVITY: Make a list of five things you have learned from other people, either by them telling you or by reading what they wrote. _____
5. READ: Chapter 3 section “Using What You Already Know.” _____
6. ACTIVITY: Tell your teacher a time you learned something by using what you already knew to figure out something. Then ask your teacher to tell you a time they learned something by using what they already knew to figure out something they didn’t know. **Teacher pass.** _____
7. READ: Chapter 3 section “Trying Things.” _____
8. ACTIVITY:
☐ Make a list of three or more things you would like to learn by trying them out.

- ☐ Go over the list with your teacher and decide on one to try.
- ☐ See what you can learn about it by trying it out.
- ☐ Tell your teacher what you learned.

Teacher pass.

- 9. READ: Chapter 3 section “Doing Things.”
- 10. ACTIVITY: With your teacher, think of something you could learn about by doing some of it. Then go do it. When you are done, tell your teacher what you learned from doing it.

Teacher pass.

- 11. ACTIVITY: Write down three things you learned how to do by doing them over and over.

- 12. READ: Chapter 3 section “Teaching.”

- 13. ACTIVITY:

- ☐ Decide on something you know that you would like to teach someone. Tell your teacher what it is.
- ☐ Find someone who’d like to learn it and teach it to them.
- ☐ Talk to your teacher about if you learned anything from teaching. Then ask your teacher to tell you something they learned from a student.

Teacher pass.

- 14. READ: Chapter 3 section “Coming Up with a New Idea.”
- 15. ACTIVITY: Think of a time you learned by just suddenly realizing something or by coming up with a new idea all on your own. Write down what happened and what you learned. If you can’t think of one, write an imaginary example. **Teacher pass.**

16. READ: Chapter 3 section “Many Ways to Learn Things.” _____
17. ACTIVITY: Make a list of different ways to learn. You can write down the different ways to learn that you read about in Chapter 3, but see if you can think of some other ways also. **Teacher pass.** _____

D. SKILLS

1. READ: Chapter 4 Skills _____
2. ACTIVITY:
- ☐ Write down five skills that you have (things you do well).
 - ☐ Write down five skills you don't have but would like to have.
 - ☐ Think of an adult that you know. Write down a skill they have for making things, a skill they use to earn money, and a skill they have that's just for fun.
- Teacher pass.** _____

E. SKILLS FOR LEARNING

1. READ: Chapter 5 Skills for Learning, through “Reading About Things.” _____
2. READ: Chapter 5 section “Practicing.” _____
3. ACTIVITY: Write down something you are good at. List some of the things you had to practice to get good at it. _____
4. ACTIVITY: Tell your teacher how you could use practice to learn to do something that might seem hard for you. Say what you might do for each step of practicing to get good at that thing. **Teacher pass.** _____

5. ACTIVITY: Talk to someone who is very good at something. Ask them to tell you about how much they practiced to get good at it and how much they practice now. _____

6. READ: Chapter 5 section “Build Your Learning Skills.” _____

7. ACTIVITY: Think of a bunch of things you want to learn and write them down on this chart. Put check marks next to the learning skills you think you would use to learn each thing. **Teacher pass.** _____

Things I want to learn	Reading	Practicing

F. FINAL ACTIVITIES

1. ACTIVITY: Choose one of the things from your list in the chart and, on your own, go learn about it! For this activity, choose one of the easier ones on your list.

You can add more information to what you already know about it. Or you can understand more about it. Or you can find out how to do something better. Or you can learn how to do something completely new. All of these things are learning!

When you are done, show your teacher what you learned.

Teacher pass.

2. ACTIVITY: Choose another one of the things from your list in the chart and go learn about it, like you just did. This time choose one you think will be a little bit harder than the first one. It's okay to get help on certain steps if you need to, but you should mostly be learning on your own.

When you are done, show your teacher what you learned.

Teacher pass.

I have completed the steps of this course. I understand what I studied and can use it.

Student _____ Date _____

The student has completed the steps of this course and knows and can apply what was studied.

Teacher _____ Date _____

The student has passed the exam for this course.

Examiner _____ Date _____

FOR THE TEACHER

ADDITIONAL RESOURCES

Exam and answers

Materials list

