

DESTINATION STEPPING STONES

Participant Consent, Release, Hold Harmless and Authorization

This is a Consent, Release of Rights, Hold Harmless Agreement and Authorization to Reproduce Physical Likeness ("Release") made and given by the undersigned participant (referred to herein as "I", "me", "my", or "Participant") to each of Destination Stepping Stones, Advancing Leadership Consulting, Inc., and Raven Consulting Group, LLC, and the respective affiliates, officers, directors, managers, owners, members, employees and agents of each of them (collectively, "Destination Stepping Stones").

In consideration of my participation in Destination Stepping Stones's three-day transformational retreat, involving personal assessment, creative exercises, networking, and social activities, at OM Sanctuary in North Carolina in April 2020 (the "Retreat"), I agree to the following:

- I recognize there may be risks associated with attending or participating in the Retreat and activities related to the Retreat, including, without limitation, risks, dangers and hazards inherent in engaging in Yoga, meditation or other retreat activities and exercises, risks and dangers caused by the negligence or willful acts of the owners, employees or agents of the host facility or other participants at the Retreat, and natural disasters or conditions. These risks include risk of loss, personal injury and property damage, whether foreseen or unforeseen. "Activities related to the Retreat" means any and all matters and activities related directly or indirectly to the Retreat, including, without limitation, travel to and from the Retreat destination, hotel and lodging at the destination, recreational activities, excursions, side trips, and any activity that takes place between my leaving home to the Retreat and my return home. (The defined term "Retreat" includes all related activities.) Being fully cognizant of the risks in participating in the Retreat, I hereby fully and willingly assume those risks and full responsibility therefor. To the fullest extent permitted by applicable law, I hereby waive and release any claims or causes of action that I may now have or may hereafter arise against Destination Stepping Stones relating to or connected to my attending or participating in the Retreat, and I will indemnify and hold harmless Destination Stepping Stones, as defined above, against any and all claims, loss, cost or damage against any such entity or person resulting from same.
- I hereby release Destination Stepping Stones and each of its respective affiliates, employees, officers, directors, members, owners, successors, assigns and agents from any and all claims, demands, liabilities, damages, costs and expenses, reasonable attorneys' fees, other professional fees and expenses, including, without limitation, negligently failing to adequately investigate or screen facilities or providers, any claims for compensation, defamation or invasion of privacy, or other infringements or violations of personal or property rights of any sort whatsoever that I may now have or hereafter may arise against Destination Stepping Stones in connection with my attending or participating in the Retreat. This Release is a release, waiver, discharge and covenant not to sue Destination Stepping Stones, as defined above.
- If I should sustain any injuries or illness while attending or participating in the Retreat, I hereby authorize Destination Stepping Stones to administer, or cause to be administered, such first aid or other treatment and such medications as I may possess, as reasonably necessary under the circumstances, including, without limitation, treatment by a physician or hospital chosen by Destination Stepping Stones.
- Participant understands that photographs, videotapes, or other recordings may be made of participants at the Retreat, including Participant. I hereby consent to the making of those photographs, videotapes and other recordings and the use thereof by Destination Stepping Stones both as part of a record of the Retreat and to promote Destination Stepping Stones and other Retreats sponsored or conducted by Destination Stepping Stones.
- This Release shall be binding upon me, and my heirs, personal representatives, executors or any other persons acting on my behalf or on behalf of my estate. I am over 18 years of age. I have had an opportunity to ask questions and obtain information about the Retreat to my satisfaction. I have read this Release before signing it below and fully understand the contents, meaning and impact of this Release. This Release shall be governed by and construed in accordance with the internal, substantive laws of the State of North Carolina, without regard to conflicts of laws principles.

Print Name: _____

Signature: _____

Date: _____, 20____