



THE UMBRELLA CENTRE OF
HERNE BAY

ANNUAL REPORT
2018-2019

*Improving mental health in the
community*

Charity Registration Number 1179153

Our Trustees

| | |
|------------|----------------|
| Chair: | Rosalind Broad |
| Trustee: | Linda Edwards |
| Trustee: | Sheila Beevor |
| Trustee: | Sara Moreland |
| Treasurer: | Mike Ketchum |
| Co-opted | Baozhen Shi |

Our Staff

| | |
|--------------------------|--|
| Coordinator: | Sue Inkpen |
| Assistant Coordinator: | Agnieszka Mannering-Dolecka |
| Drop In Session Workers: | Laura Powell Matt Healy Paul Inkpen Linda Cornelius |

Our Volunteers

| | |
|------------|-------------------------------|
| Gardening: | Bob Salter |
| Sessions: | Sheila Beevor and Pam Hatcher |

| | |
|-----------------|---|
| Bankers: | CAF Bank Ltd, 25 Kings Hill Avenue West Malling, Kent ME19 4JQ |
|-----------------|---|

| | |
|---------------------------|--|
| Registered Office: | 54 William Street, Herne Bay, Kent CT6 5PB |
|---------------------------|--|

Constitution

Having originally registered as a charity on 10 March 2004, the Umbrella Centre converted to a Charitable Incorporated Organisation (CIO) on 11 July 2018.

An amended constitution was adopted on 30 May 2018.

Trustees

Trustees may be appointed during the year and then elected at the Annual General Meeting. Prospective Trustees are identified via a search of local organisations, contacts, supporters and beneficiaries as well as via local publicity. All Trustees receive an introduction to the Charity and can access local training. The Charity keeps up to date on requirements and best practice affecting trustees.

Reserves

The Trustees hold reserves in order to cover unforeseen financial difficulties, particularly should the income from grants be lower than expected. They are always conscious of the fact that income can vary significantly from year to year.

In addition they designate funds to cover the costs that would be incurred in the event of the Charity's closure.

Public Benefit

The Trustees have complied with their duty to have regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Aims and Objectives

The Charity's objectives are to promote any charitable purpose for the benefit of the inhabitants of Herne Bay and surrounding areas, in particular to relieve mental sickness, disability or disorder, protect and preserve mental and emotional health and stability and to provide a community centre with facilities for recreation, education and general care. The Charity meets these objectives by providing a range of groups and activities from its Centre and community garden, along with regular outings and external activities.

Signature of Trustee:
(Signed on behalf of the Trustees)

Date:

Name:

Position:



Chairman of Trustees' Report

As Chair of the Trustees of the Umbrella Centre of Herne Bay it gives me great pleasure to report on the achievements of our last year from March 2018 to March 2019.

Our Centre provides much needed support to the people in our community who are experiencing mental health issues and those with learning disabilities. Despite these uncertain times we are determined that our service will continue to help the disadvantaged and vulnerable in our society.

We are fortunate to have an excellent staff team led by Coordinator Sue Inkpen and dedicated volunteers who work alongside them to provide a wide variety of activities. Our committed board of trustees meet regularly to support the work of the Centre and ensure things continue to run smoothly. They work in conjunction with Maidstone and Mid Kent Mind who assist with governance and management issues.

James Walker has also continued to search out funding possibilities and work on bid writing and monitoring reports on our behalf. We continue to work in partnership with Shaw Trust to deliver the Live Well Kent programme.

As many of you will be aware we rely heavily on our fund raising efforts to help us maintain the essential services that we provide and I would like to say a very big thank you to each and every organisation, large and small, that has contributed to our continued success in the last year. All such donations are extremely important to us and they really help us to make a difference to the lives of the people supported at the Centre.

No report on the year would be complete of course without mention of our Members at Umbrella and what they contribute to the life of the Centre. We try at the Centre to provide a path for people to escape from the isolation of mental health problems and to help them find friendship and support both in the Centre and in the wider community. Our members are a testament to the success of those aims. They are the force behind many of our initiatives, their own fund raising efforts have been phenomenal and the support that they give to one another in times of difficulty is exceptional.

Ros Broad

Coordinator's Report

Umbrella Centre of Herne Bay AGM report for 01/4/2018 - 31/3/2019

Sue Inkpen Coordinator.

With everyone settled back at William Street it was good to have the regular cooking activity back on Mondays with Laura. This proved really successful with the members enjoying healthy subsidised meals. Matt's music sessions brought many members to the Centre and a new variety of activities meant that once again the Centre was a vibrant and supportive place for the local community.

Meetings and events

In April Meridian Television came to the Centre to film us as a follow up to our successful win from the 'Peoples Project' Green Minds Campaign. Once again the members were excellent in front of the cameras and we made sure that the kitchen was fully in use with a healthy meal being prepared by two members.

In April Linda Edwards and I were at the Centre to host a meeting with Roger Gale and Samantha Shepperd from KCC to look at possible funding for special needs at the Centre. Unfortunately this did not provide any further income for the Centre; however we hoped that we had at least raised awareness of our funding issues.

It was with sadness that we heard that Alan Figgis was stepping down from his role as Chair of the Trustees in May; however it was good to know that Ros Broad would be stepping in to the role. The staff and members bought a gift and made a piece of art created by the members for Alan which was delivered to his house. We all wished him well for the future.

It was good to have some new Trustees on board in 2018. Mike Ketchum, Sara Moreland and Baozhen Shi all joined us. Mike also became our Treasurer. It was sad to say goodbye to Stephen Saunders our Treasurer for many years, however we all wished him well for the future. Anne Norris also stepped down as a Trustee, and we all were grateful for the commitment that Anne gave to the Umbrella Centre over the years.

Outings and events

Outings in 2018 included:

We went out on a trip to Rochester in July and to Herne Bay Memorial Park for lunch and outdoor games. In August we went for a river trip from the Grove Ferry and also had a trip to Wey Street Fruit Farm. In September we had a day out at Margate and visited the Shell Grotto. We ended up with a visit to the Marlowe Theatre to see the Pantomime in December. Everyone enjoyed the trips out. They were all well attended and provided many happy memories for staff and members.

At the Centre we had a Carol Concert led by the MacPhersons in December and also a Christmas dinner initiated by Laura also assisted by Wendy Furnival and a Christmas party. It was a really 'festive' time enjoyed by all.

Fundraising 2018

In July 2018 WF, SF and RT held a 'Feed the Baby' Event and raised £212.99. We held a coffee morning in November 2018 and raised £359. This fundraising really showed how much the Centre meant to staff and members.

Developments

We continued to be associate partners with Shaw Trust for another year and a programme of activities was presented to them to attract other referrals.

Going forward

We have a great working team of staff at the Umbrella and some new Trustees and the members have every reason to be positive about the future for the Umbrella Centre.

Session workers' Report

"You know you make me want to Shout.....oooh....Shout...oooh!"

This is how our lively, energetic and loud music session on a Tuesday ends; with Philip Hobbs singing nice and loudly along to Lulu's classic tune. Plenty of other songs are sung too.

Emma Turner (and Roy Orbison!) with 'Pretty Woman'. Emma also enjoys singing a duet with her friend, Philip Mills. Something from Grease or by Lady GaGa. Everybody seems to get up and dance along with the pair of them. Jenny Scales still pulls out her classic sing-a-long tune.....'Old MacDonald Had Farm'.

John Rose sings beautifully every week, I think his version of 'Blue Moon' gets people pretty emotional. People are always keen to listen and give him warm applause once he's finished.

Our trip to Margate included a diversion, for those who wanted it, to the Shell Grotto. Walking round and looking at these beautiful shells really inspired our members to produce art based on the shells. Inez Mills even got me to take a photo of a particular section she really liked.

The therapy garden up at Greenhill has been great fun as usual. During the summer our flowers bloomed perfectly! Bob has been busy again, keeping everyone working on their own projects. Ash has been helping build the new vegetable garden, erecting fences, building roofs, sowing and harvesting the vegetables. We had a lot of luck with the weather this year, no rainy days (on Thursdays!) The garden is such an important part of what we do. it really helps members become independent and is also vital green therapy.

All in all, another year in the life of The Umbrella.

Matt Healy

Umbrella Garden

We have been very busy at the garden this year. The flower beds were very colourful. Our vegetable plot had a very good crop of tomatoes.

This autumn we have been cutting back the shrubs and trees.

After nearly twenty eight years I will be retiring from the garden this autumn. My thanks to Ashley, Peter and Robert.

I hope the garden will carry on and that someone will take over from me.

I have had a very happy time over the years, transforming the place from a wilderness into a very nice garden.

Bob Salter

Member Representative Reports

Since I became the Member Representative it changed my life completely. I always seem to come up with good ideas to raise money for the Centre. I really want it to stay open for many years to come as it means a lot to me.

Last Year we had some wonderful trips out. I enjoyed the trip to Rochester. We looked round the castle and had a picnic by the river. We also had a trip on a riverboat at the Grove Ferry and everybody seemed to enjoy themselves. When we went to Margate it was great fun. We played games on the beach and some people went to the Shell Grotto.

The best part of belonging to the Umbrella Centre for me has been that I have made a lot of friends.

All the staff are wonderful, they are helpful and kind and they will listen to you if you have any problems.

Lynn Officer.

I have really enjoyed cooking on Mondays at the Centre. Making meals and sharing Slimming World recipes with the others made me happy.

When the Meridian Film Crew came, I was in the kitchen area preparing a healthy meal. I think it's important to serve healthy meals to the members; they all seem to enjoy them.

I really enjoyed it when we went on trips last year. I liked going to Rochester and looking around the local shops in the High Street.

When I am at the Centre I enjoy playing board games with the members and staff.

Being a Member Representative means that I am able to show new people around the Centre and tell them about what we do there.

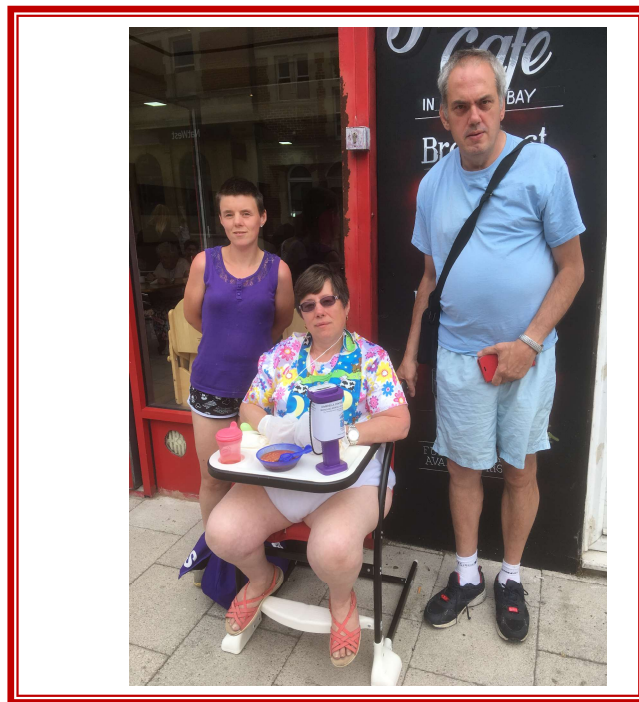
I really hope the Centre continues for as long as possible because it gives people somewhere to go and feel supported.

Sam Field.

ACTIVITIES THIS YEAR



The Grove Ferry Boat Trip



Members fundraising event – 'Feed the Baby'



Visit to the Strawberry Farm



Therapy Garden

Treasurer's Report

Firstly, a thank you to Stephen Saunders, from whom I took over as Treasurer in the middle of the financial year. He ably undertook all the duties as Treasurer for a number of years. Thank you also to Nigel Beevor, who carried out the Independent Examination of the years accounts.

The year to the end of March 2019 saw the Umbrella Centre make a loss of £22,960 and end the year with reserves of approximately £100,000. It is of course not satisfactory to sustain a large loss, particularly as this loss reflects the loss of core grants not being replaced by other income streams, and is therefore likely to be repeated without action to close the funding gap.

The trustees have been reviewing the situation and are looking for additional grants to carry out new services and activities and hope to maintain our existing services as well as we are able, with perhaps a few changes to some activities where such changes would help long term sustainability. We aim during the present year (2019/20) to reduce the deficit to a much lower level, and hopefully to arrive at a sustainable financial balance in the following years. I believe we are making some progress towards that position.

Lastly, thank you to all those who have made grants and donations to the Umbrella Centre, or those who have undertaken fundraising activities on its behalf. The Centre could not exist without your ongoing help.

Michael Ketchum

The Umbrella Centre of Herne Bay**Accounts for the Year ended 31st
March 2019**

| | Year 31/03/2019 | Year 31/03/2018 |
|----------------------------------|----------------------------|----------------------------|
| Receipts | | |
| Business Accounts | | |
| Shaw Trust Service Grant | 7638.75 | 13095 |
| Kent County Council | 13500 | 0 |
| Whitehead Monckton | 1000 | 0 |
| Baily Thomas | 5000 | 0 |
| Green Minds TV | 0 | 44272 |
| Kent Community Foundation | 9570 | 14000 |
| Big Lottery Fund | 0 | 8700 |
| Kent Crime & Police Commissioner | 0 | 8550 |
| Kent Sheds | 0 | 1100 |
| Donations | 10774.7 | 13112.86 |
| Fundraising | 100 | 5703.79 |
| Session Income | 3708 | 2725 |
| Interest Received | 888.94 | 676.39 |
| | 52180.39 | 111935.04 |
| Drop In Centre Account | | |
| Snack Bar | 1839.12 | 976.41 |
| Total Receipts | 54019.51 | 112911.45 |
| Payments | | |
| Business Accounts | | |
| Rent | 6000 | 7800 |
| Art & Craft | 133.68 | 105.74 |
| Bank Charges | 60 | 70 |
| Service Providers | 23750 | 0 |
| Drama | | 300 |
| Equipment & Computer Room | 151.3 | 148.44 |
| General Expenses | 279.64 | 111.39 |
| Garden Maintenance | 252.17 | 385.58 |
| Insurance | 757.58 | 769.52 |
| Kitchen Expenses | 0 | 72.23 |
| Maidstone Mind | 0 | 2232.9 |
| Professional & Legal Charges | 0 | 288 |
| Postage, Printing & Stationery | 468.81 | 344.64 |
| Staff Costs | 41679.81 | 33895.62 |
| Staff Expenses | 432 | 224 |
| Telephone | 436.81 | 123.42 |
| Utilities | 1979.28 | 892.67 |
| Refurbishment of William Street | 0 | 22383.51 |
| | 76381.08 | 70147.66 |
| Drop In Centre Account | | |
| Outings | 598.8 | 1477.06 |
| Total Payments | 76979.88 | 71624.72 |

| | | | |
|------------------------------|------------------|------------------|-----------------|
| Net Receipts/Payments | (Deficit) | -22960.37 | 41286.73 |
|------------------------------|------------------|------------------|-----------------|

Balance of Bank Accounts 31

March 2018

123204.78

Balance of Bank Accounts 31st

March 2019

100244.41

Loss

22960.37

Statement of Assets & Liabilities

Cash & Bank Balances at March

31st 2019

Current Accounts & Petty Cash

9535.63

Deposit Accounts

83101.21

Drop In Centre Accounts

7607.57

100244.41

Liabilities& Equity

Liabilities

(see note)

5215

Equity

95029.41

Total Liabilities & Equity

100244.41

Notes to the Statement of Financial Activities

1. This financial report has been prepared on a receipts and payments basis
2. Liabilities are an estimate of expenses that would be need to be paid in the event of the charity needing to be wound up

Funders and Supporters

The Umbrella Centre of Herne Bay would like to thank everyone who has supported us throughout the year.

We should like to mention:

Kent County Council
Whitehead Monckton
Baily Thomas
Kent Community Foundation

A special thank you to all our Volunteers and Trustees, and their families, for their continued and invaluable support.

Offering Support

If you would like to support the work the Centre undertakes, either in donations or with your time, we would be delighted to hear from you.

Please contact Sue Inkpen at the Centre.

Telephone: 07517974517

The Umbrella Centre of Herne Bay, (Reg. Charity No. 1179153)
54 William Street, Herne Bay, Kent CT6 5PB