

CONTENTS

Foreword.....	ix
Introduction	1
Facilitating a ritual in the labyrinth.....	1
About this book.....	2
About the authors: Grace Amirault and Debra Amirault Camelin.....	3
Using this book.....	4
Soul and Discernment Rituals	7
Pilgrimage and the Scallop Shell	9
Writing Intentions	13
Inspirational Cards	15
Discernment.....	17
World Labyrinth Day	19
Devotional Rituals	21
Prayer	23
Walking with Christian Scriptures	25
Walking with the Archangels	27
Walking with the Saints.....	30
Harmonic Rituals.....	33
OM Vibration.....	35
Musical Hand Instruments	37
Zaphir Wind Chimes and Handbells	39
Native American Drum and Smudging.....	41
Music and the Labyrinth	43
Metaphysical Rituals	45
Wheel of the Year	47
Solstice and Equinox	49
Mandalas.....	53
Chakras in the Classical Labyrinth.....	55
Dreams	58

Spirals	61
Crystals, Gems and Stones	63
Artistic Rituals	65
Drawing the Seed Pattern	67
Art Journaling and Collage	70
Poetry	72
Storytelling	75
Epilogue: Encouraging Transformation	79
Sharing knowledge	81
Handouts	83
Praying with Christian scriptures	85
Stations of the Cross	89
Walking with the Saints	91
Archangel Raphael	93
Archangel Michael	95
Archangel Gabriel	97
Archangel Uriel	99
Wheel of the Year	101
Mandala 1	103
Mandala 2	105
Chakras in the Classical Labyrinth	107
Dreams: Description of petals	109
Dreams: Questions for resting in petals of Chartres labyrinth	111
Spiral words	113
Classical labyrinth seed pattern	115
Acknowledgements	117
References	119