

# Instructions



## AN E-LEARNING PROGRAM FOR NURSING ASSISTANTS

The purpose of the program is:

1. To identify Nursing Assistants' role function challenges and strategies for managing work-related relationship conflicts with residents, families and co-workers.
2. To identify organizational strategies for supporting Nursing Assistant role functions.

The ultimate goal of the E-Learning Program is to improve the quality of care provided to residents in long term care facilities.

### E-Learning Program DVDs

- I. Nursing Assistant E-Learning Program DVD consists of five modules with the following titles:
  - Introduction
  - Working with Residents
  - Working with Families
  - Working with Co-Workers
  - Self-Care
- II. The Nursing Supervisor / Manager DVD consists of one module with a focus on the role of Healthcare Teams for insuring optimal care of residents.

### Procedures:

1. DVDs can be viewed using a DVD player connected to a television. Alternately they can be viewed using a computer with a DVD drive.
2. The Nursing Assistant DVD displays slides with text and voice over. The slides move slowly and automatically. However, you can stop the slides at any time, pause, go backwards, fast forward etc.
3. A small group format should be used for viewing the Nursing Assistant DVD. At the end of three of the modules the Nursing Assistants in the group are asked to 'Pause' the DVD and apply the E-Learning content to managing a work related conflict.
4. Three of the modules (Resident, Family, Co-Worker) take about ½ hour each to view and discuss; to reduce Nursing Assistants' time away from service units each module can be viewed separately.
5. The Nursing Supervisor Managers review the Nursing Assistant DVD (20 mins) followed by the Nursing Supervisor / Manager DVD (8 mins).

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Nursing Assistant e-Learning Program

## An e-Learning Program for Nursing Assistants Working in Long Term Care Facilities



**NICE**

National Initiative for the Care of the Elderly  
Initiative nationale pour le soin des personnes âgées

*We care together*

*Ensemble pour le bien-être des aînés*