



# Courses for those working in PRIMARY CARE

Mental health issues are common in primary and community settings. However, surveys show that GPs and other primary care colleagues have a variable knowledge base around these issues and often feel a lack of confidence in their skills to deal with problems that arise. The expectations of our patients, their families and healthcare regulators means this needs to be addressed better.

Maudsley Learning understands the issues and takes a tailored approach to help you and your organisation deal with the challenge, whether you work for a small practice or commission services via your CCG or STP. All our courses are delivered by a highly skilled clinical teaching faculty.

## ML bolt-ons for your perfect training package, please ask for further details and prices.

Training Needs Analysis (TNA) Let our team complete a full TNA Let our team complete a full TNA for a practice, CCG, STP or other group. We can work to complete this ourselves or work to aid your own staff.

**Evaluation Reports O**ur standard outcome measures assess learner confidence pre and post every course. However, our experts can also produce a fuller report looking at wider impact using a range of tested assessment methodologies.

Train the Trainer (TTT) Sustainability is key for many organisations. Ask about our TTT packages for your own education faculty for some of the courses above.

Accreditation Maudsley Learning offers dept, directorate, or whole hospital 'Maudsley mental health trained' accreditation as a stamp of quality and assurance for internal governance or external patient engagement work.

### **Contact ML for further information**

Please contact Jose or Hari from our sales and client liaison team: jose.mascarenhas@slam.nhs.uk or harigovind.vasudevannamboodiri@slam.nhs.uk Telephone: 0203 2286149 www.maudsleylearning.com

## Check out some of our courses

#### MOST POPULAR!

This course has been specifically designed for GPs but is also very helpful for nurses & others. It builds knowledge around common mental presentations such as depression, anxiety, OCD, PTSD, schizophrenia, bipolar & personality disorder and focuses on how to help navigate better care. Learning revolves around patient stories that are relevant for primary care.

## Orug and alcohol awareness for primary care ⑦ One day all ML Level 1 ≈ Up to 40 people

This provides the essential knowledge required to identify, assess, and treat alcohol and substance misuse in primary care. At the end of this course staff will be familiar with the early signs of intoxication and withdrawal, understand the long-term impact of substance misuse, and know the principles of managing dependence syndromes. They will also begin to develop skills required for motivational interviewing.

## 

This course is suitable for all clinicians. Learners will become familiar with early warning signs and the long-term impact of eating disorders on patients, their families and loved ones, and all clinicians who help them. Management of the acute and longer term aspects of eating disorders are addressed, and learners will become con dent in understanding the role of generalist and specialist clinicians in treating these conditions.

#### Stream of year!

Early intervention and prevention in children's mental health course: EPiC

#### $\bigcirc$ One day $\blacksquare$ Level 2 skills course $\land$ 12-24 people

This is delivered by the award winning Maudsley Simulation team which aims to support front line, primary care staff in the identification & management of mental illness and promotion of mental wellbeing in young people.

#### Managing challenging mental health situations

#### 

This is delivered by the award winning Maudsley Simulation team for administrators, receptionists and other non-clinical staff who engage with patients and carers. It aims to increase knowledge and awareness of mental disorder and enable participants to gain increased confidence in understanding their essential role in many pathways and clinics.

**Q** STAFF FOCUSED!

#### Mental health & wellbeing in the workplace

#### $\oslash$ One day $\square$ ML Level 1 $\land$ Up to 40 people

This is for staff of all levels who manage others. Healthcare organisations are are large employers who need to offer the highest standard of care to their workforce. This course focuses on the mental health of workers and on how to create a healthier working environment for all.

#### Skills for resilience, wellbeing and leadership in primary and community settings

#### $\oslash$ Two days all ML Level 2 course $\land$ Up to 20 people

This course is for workforce leaders hoping to improve wellbeing for themselves and their colleagues working in busy clinical teams. Course attendees will learn how to design staff wellbeing action plans to implement in practice.