

THE CONFIDENCE BUILDER



I SAY

I'm not good enough..

I don't feel pretty..

GOD SAYS

Proverbs 31:10

Solomon 4:7



What if I fail?

I don't feel qualified..

Psalms 46:5

Phillipians 4:13



Nobody loves me..

I'm stressed out..

1 John 4:16

Isaiah 26:3



I can't trust anyone..

I can't find peace of mind..

Psalms 56:3

Psalms 29:11



I feel angry all the time..

I worry about everything..

Proverbs 15:18

Matthew 6:34