

SIMPLE STEP

BE IN COMMUNITY

- WHO ARE THE PEOPLE I DO LIFE WITH?
- WHAT NEED DOES EACH PERSON FILL?
- HOW CAN I FILL A NEED FOR SOMEONE ELSE?

WHO ARE MY PEOPLE?

EXAMPLE:

ANNE is my person because she always encourages me to be brave and do hard things.
AMANDA is my person because she always checks on me to see if I'm okay or asks if I need anything.

COMPLETE THIS EXERCISE IN A JOURNAL OR IN THE SPACE BELOW. USE THE FOLLOWING TEMPLATE TO LIST OUT THE PEOPLE WHO ARE YOUR COMMUNITY:

_____ IS MY PERSON BECAUSE _____

WHAT NEEDS DO I HAVE THAT ARE CURRENTLY UNMET?

EXAMPLE:

I would LOVE someone who lives nearby who likes to paint and get messy and create art:
SOMEONE TO DO ART STUFF

I need to fill the hole that my mentor left when she passed away last year:
SOMEONE TO OFFER WISE COUNSEL.

COMPLETE THIS EXERCISE IN A JOURNAL OR ON THE BACK OF THIS PAPER.

I AM LOOKING FOR _____



WHO ARE MY PEOPLE?

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**TWO CAN STAND
BACK-TO-BACK
AND CONQUER.
THREE IS EVEN
BETTER.**

ECCLESIASTES 4:12 NLT

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