PODCAST PERKS: SIMPLE STEPS TO THRIVE™ WITH MICHELLE R. ACKER



FUTURE ME

We're going to take a few minutes to dream and plan what our 'Future Me' will look like in 10 years. This is not a where-I-think-I-will-end-up kind of exercise. This is more of a in-my-wildest-dreams-this-is-where-I-would-want-to-be kind of exercise. For the sake of dreaming, let's say there are no limits on resources. If you could design your the life your Future Me is living 10 years from now, what would it look like? Use the questions and prompts below and have some fun planning out all the fantastic details. HINT: You'll probably want a journal or notebook to keep your work for future reference.

BE SPECIFIC

Make sure to include as many details as possible. The more "real" your Future Me looks, the better you will be able to focus on her. Remember, we want the future we are imagining to be our focal point, not a nebulous cloud of fog. Be specific! You have permission to dream big! How does she behave? What does she do? What is her job? What does a normal weekday look like for her? How does she spend her time on the weekends? Where does she live? What is her home like? What are her dreams? What has she accomplished? What has she overcome?

THE OVERCOMER IN YOU

Future Me is an OVERCOMER. What struggle or obstacle are you dealing with right now? What does life look like for Future Me after she OVERCAME that very struggle? How does she feel?

ACCOMPLISHMENTS

Ten years from now is a long time. You've accomplished a lot in these 10 years. What are the accomplishments Future Me is looking back on, and how do they make her feel? She has her sights set on a new accomplishment too... What is it?

77

I DO HAVE ONE COMPELLING FOCUS: I FASTEN MY HEART TO THE FUTURE INSTEAD.

PHILIPPIANS 3:12-13 TPT

66