Plan, Monitor, Evaluate & Regulate Your Learning!

1. Plan
- My basic plan/strategy for this task is...
- I should anticipate the following obstacles/challenges...
- Based on previous work, I need to remember to...

2. Monitor
- The thing I’m struggling with at the moment is...
- A different approach I might try is...
- One thing that’s going well or helping me to learn is...

Complete the sentences: plan an effective strategy...

Monitor your progress and levels of understanding so far.

Use Metacognition to Succeed in This Task!

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