

Defence Lab Birmingham Timetable

Monday	DNA Fight Science 13+ years 12:00 – 13:00	Street Smart 8-13 years 17:30 – 18:30	DNA Fight Science 13+ years 20:00 – 21:00	
Tuesday				
Wednesday	DNA Fight Science 13+ years 20:00 – 21:00			
Thursday	Super Sparks 4-7 years 18:15 – 19:00	Street Smart 8-13 years 19:00 – 20:00		
Friday	Super Sparks 4-7 & Street Smart 8-13 years 17:30 – 18:30	DNA Fight Science 13+ years 19:00 – 20:00		
Saturday	Street Smart 8-13 years 09:15 – 10:15	Super Sparks 4-7 years 10:15 – 11:00	Super Sparks 4-7 years 13:15 – 14:00	Street Smart 8-13 years 14:00 – 15:00

	Defence Lab Kids Birmingham Central, MAC Birmingham, Cannon Hill Park Birmingham, B12 9QH
	Defence Lab Birmingham South, Urban Fitness, Bournville College, Longbridge Lane, Longbridge, Birmingham B31 2AJ
	Defence Lab Birmingham West Moor Pool Hall, 37 The Circle, Harborne, Birmingham, B17 9DY
	Defence Lab Kidz Birmingham West, Harborne Pool & Fitness Centre Lordswood Road, Harborne, B17 9QS
	Defence Lab Birmingham South 2, The Factory – Young Peoples Centre, 5 Devon Way, Longbridge, Birmingham B31 2TS
	Defence Lab Birmingham Central, Martial Arts & Fitness, Unit 2, 72 Hazelwell Street, Stirchley, Birmingham B30 2JS