

Coming Soon from Mental Health America
of Wisconsin...



THE R&R HOUSE

A first-of-its-kind resource will soon be coming to Southeastern Wisconsin to provide peer-supported recovery services to former service members of the United States Armed Forces in times of low-level crisis. The R&R House is a home-like environment for veterans of:

- Any Branch,
- Any Discharge Status,
- Any Age,
- Any Gender/Identity

to find a safe and welcoming space to connect with state-certified peers with shared lived experience recovering from mental health or substance use challenges. With peer support staff on-site 24/7, guests will have access to person-centered guidance to help begin or reconnect with health services, develop recovery plans, and improve coping skills to better manage stress and improve responses to moments of crisis.

The R&R House will provide short-term stays of up to one week in individual bedrooms for up to 4 guests, with full access to common areas and secure storage for medication and valuables. All services at the R&R House will be free of charge and are funded through a grant from Wisconsin Department of Health Services. All veterans residing in Wisconsin are eligible, and if respite stay is not available or appropriate for a veteran at the time, they will be connected with resources to address the root causes of their stress in their local region.

For more information, contact Brian Michel, Program Director, at brian@mhawisconsin.org.