Asking for Forgiveness Haley M., age 10, Alberta, Canada

One day my brother came into my bedroom and started bugging me. Because I was having a bad day, I started to yell at him. After I yelled, I felt really bad. I knelt beside my bed and asked Heavenly Father to forgive me. After my prayer, I went to my brother and told him I was sorry.

I felt good inside after that. I knew it was the Holy Ghost. I have a testimony that Heavenly Father will forgive us if we just ask Him to.

