



Bad Wolf

There is a story told of an old Cherokee teaching his grandson about life. "A fight is going on inside me," he said to the boy.

"It is a terrible fight, and it is between two wolves. One is evil: he is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego."

He continued, "The other is good: he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. The same fight is going on inside you—and inside every other person too."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf will win?"

The old Cherokee simply replied, "The one you feed."

Elder Shayne M. Bowen's article New Era Sept 2012

Cut out the circle, attach a bag to the back of the wolf, have the kids pull up the snout to feed the wolf.

fold on dotted line

