



RELIEF!™ Joint Pain Formula



What Is It?

RELIEF!™ Joint Pain is a simple formula consisting of government-certified food grade nanodiamond crystals created by detonation synthesis, suspended in government-certified food grade glycerin.

Detonation synthesis nanodiamond (DSND) crystals are the active ingredient. The power of these crystals lie in their very large total surface area and their electrically charged or "active" surfaces.

Glycerin is used as a "carrier" for the DSND crystals. It is not active in the pain relief or healing process. However, with repeated use, you will notice your skin feel softer and its appearance improve.

How It Works

The size of the DSND crystals is so small that they quickly absorb through the pores of your skin and quickly reach the source of pain or inflammation. Problems that are closer to your skin's surface are reached more quickly and the time until an initial response to treatment is shorter.

The active surface of the DSND crystals works in two ways to resolve your pain and boost your body's natural healing response:

- Electrical activity interferes with the natural pain impulses carried by your nervous system
- Electrical activity "amplifies" the effects of the naturally-occurring electrical impulses in our body to direct healing cell migration to the affected area.

Where to Use It

Use RELIEF!™ Joint Pain externally on almost anything that hurts you! We are continually surprised at the range of applications clients report successfully treating. Look for the list below to grow as more stories are shared!

Arthritic joints in hands, feet, knees, elbows, shoulder, neck or spine	Sinus pain
Rheumatoid arthritis for pain relief	Swollen glands
Plantar fasciitis (arch of the foot)	Jaw pain from TMD
Knee pain including inflamed tendons, ligaments and runner's knee	Migraines
Tennis elbow	



Directions for Use

Step 1: Shake the bottle vigorously for about 30 seconds to redistribute the nanodiamond crystals which have a tendency to settle out of the glycerin.

- If the bottle has not been used for long periods, it is recommended that you place the bottle in a bowl of warm water for 5 to 10 minutes to help ensure proper mixing.

Step 2: Using the roller tip or your finger apply a thin layer of RELIEF!™ Joint Pain on the affected area at least twice (2x) daily.

- You may use your fingertip to spread the liquid around the affected area as needed. DO NOT use a cotton swab or any other absorptive material to apply.
- For fingers or toes, apply around the entire joint.
- **Adopt a "Less is More" attitude when applying.** Using an excessive amount will reduce or stop its effectiveness.
- We recommend storing RELIEF!™ Joint Pain near your toothbrush as a reminder to apply it at least twice a day.

Step 3: Continue using RELIEF!™ Joint Pain even after the pain vanishes to achieve the maximum healing benefits and reduce the likelihood of a recurrence.

Additional Guidance

For many people, pain vanishes quickly. For more severe conditions it will gradually subside with continued consistent use. To obtain optimal results keep using RELIEF!™ Joint Pain after the pain is gone. It takes time for your body to repair the damage. We recommend continuing use for at least one additional week after the pain is completely gone to reduce the likelihood of a recurrence.

Some types of damage take a long time to heal. This is especially true for conditions you have had for a long time or conditions that affect a larger area such as your shoulder. **Some conditions can take weeks or months before they go away.** Don't be impatient! If you didn't develop the problem overnight it won't go away overnight either.

Good news! Continued use of RELIEF!™ Joint Pain will not cause any harm.

- There are no systemic effects with repeated use. Nanodiamond crystals clear from your body by macrophages, a natural process.
- There are no known side effects or allergies to nanodiamond crystals.
- **Glycerin Allergy:** While very rare, do not use RELIEF!™ Joint Pain if you are allergic to glycerin. Stop using RELIEF!™ Joint Pain if you experience burning, stinging, redness or irritation. Consult a doctor if these conditions persist or worsen.
- Flush eyes with water if you accidentally get RELIEF!™ Joint Pain in your eyes.



- **Keep out of reach of children.**
- **Keep bottle out of direct heat or sunlight.**