



Siberian Sea Buckthorn Berry Oil

Product Data Sheet (June 2019)



What Is It?

Extracted from the berries, leaves and seeds of the sea buckthorn plant (*Hippophae rhamnoides*), which is a small shrub that grows at high altitudes in the northwest Himalayan region, this oil may be applied to the skin or ingested.

Siberian Sea Buckthorn Berry Oil has been used for thousands of years in Eastern Europe, China and India as a natural remedy against various ailments and in home cosmetology.

The best places to grow this shrub are the Altai Republic in Russia and in several regions of Ukraine. NMPI partners with a particular garden located in an ecologically clean region of Ukraine that also provides high-quality Siberian Sea Buckthorn Berry Oil to Moscow officials and Russian cosmonauts. Four varieties of *Hippophae rhamnoides* are grown here: Dar Katun, Altai News, Golden Beginning, and Vitamin, which were brought from the Scientific Research Institute of Horticulture of Siberia.

Why Do You Use It In RELIEF!™ First Aid and Cosmetic Serums?

Nutrient-Rich

Sea buckthorn oil is rich in various vitamins, minerals and beneficial plant compounds. For instance, it is naturally full of antioxidants, which help protect your body against aging. What's more, its berries boast potassium, calcium, magnesium, iron and phosphorus. They also contain good amounts of folate, biotin and vitamins B1, B2, B6, C and E. More than half of the fat found in sea buckthorn oil is mono- and polyunsaturated fat, which are two types of healthy fats.

Skin Protection

Compounds in sea buckthorn oil may boost your skin health when applied directly. For instance, test-tube and animal studies show that the oil may help stimulate skin regeneration, helping wounds heal more quickly. Similarly, animal studies reveal that sea buckthorn oil may also help reduce inflammation following UV exposure, protecting skin against sun damage. Researchers believe that both of these effects may stem from sea buckthorn's omega-7 and omega-3 fat



content. In a seven-week study in 11 young men, a mix of sea buckthorn oil and water applied directly to the skin promoted skin elasticity better than a placebo. There's also some evidence that sea buckthorn oil may prevent skin dryness and help your skin heal from burns, frostbite and bedsores.

The addition of nanodiamond crystals into the Siberian Sea Buckthorn Berry Oil amplifies the natural benefits of the berry oil through adsorption which allows the oil molecules to penetrate into deeper layers of the affected area and improve the overall results. Users of RELIEF!™ First Aid may notice accelerated healing of the injury compared to conventional treatments as well as relief from inflammation and pain when used as directed.

Certification

We use food-grade Siberian Sea Buckthorn Berry Oil in both RELIEF!™ First Aid and RELIEF!™ Cosmetic serums. Copies of certificates are available by request.

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