



## 2018 Year in Review

Art with a Heart in Healthcare provides personalized fine art experiences that enhance the healing process for patients and their families.

Art with a Heart in Healthcare is a 501 (c)3 non-profit organization dedicated exclusively to arts and healing. Since our founding in 2001 by cousins Lori Guadagno and Lisa Ullmann, we have served more than 80,000 patients and their families in Jacksonville, Florida at various healthcare facilities including Wolfson Children's Hospital, Nemours Children's Specialty Clinic, The Mayo Clinic, and St. Vincent's Healthcare, Riverside.

Our emphasis on patient-centered creative expression helps humanize the high-tech atmosphere of clinical environments.

Patients, families, and clinicians we work with report that our services help diminish fear and relieve pain while empowering the patient who can sometimes find themselves in a powerless situation.



Art *with a* Heart  
*in* Healthcare



*"Savannah's time in the art rooms has become the most positive experience and exactly what she needed most. Art with a Heart has allowed our daughter to get her mind off her illness ... She has so much fun while working with the artists and other children."*

Sarah Lahtinen, parent of Savannah, age 7

We believe that creativity is fundamental to the human experience and that artistic expression promotes physical health and mental well-being that leads to improved patient outcomes.

# Accomplishments in 2018



## Exhibitions

Since 2011 Art with a Heart in Healthcare has partnered with the Museum of Contemporary Art (MOCA), Jacksonville to showcase artwork created by patients from Wolfson Children's Hospital. Patients work with our artists-in-residence who bring out their natural talents and expand their art-making skills while promoting self-confidence and self-awareness during their hospital experience.

Opened new patient exhibit in 2018, ***A World of Their Own***, at the Museum of Contemporary Art (MOCA), Jacksonville

Displayed ***Another Side Revealed***, 2017 patient exhibit at the Jacksonville Main Library, Ponte Vedra Cultural Center, and FSCJ North Campus

***Inside the Outline***, 2016 patient exhibit permanently installed at Aetna Building, downtown Jacksonville

***Unmasked***, 2015 patient exhibit permanently installed at First Tennessee Bank, downtown Jacksonville

Displayed ***Express Your Selfie***, 2014 patient exhibit at St Vincent's Healthcare in Riverside

## Events

Provided art session for ***The Wolfson Children's Challenge***, an annual event to raise the necessary funds for Wolfson Children's Hospital

Provided art session for the Jax Maker Space at the Main Library for their summer session ***Prescribed Expression: Healing Arts of Northeast Florida*** exhibit

Facilitated art sessions at **Remembrance Weekend for The Tom Coughlin Jay Fund** with 120 people in attendance

Musician Ajamu Mutima presented on the effects of music and healing through self-regulation for SEDNET for Clay County Behavioral Site Coaches

Provided three art sessions for Baptist Spiritual Care Holiday events

Five **Art Across the Airwaves** art sessions in the Wolfson Children's Media Center

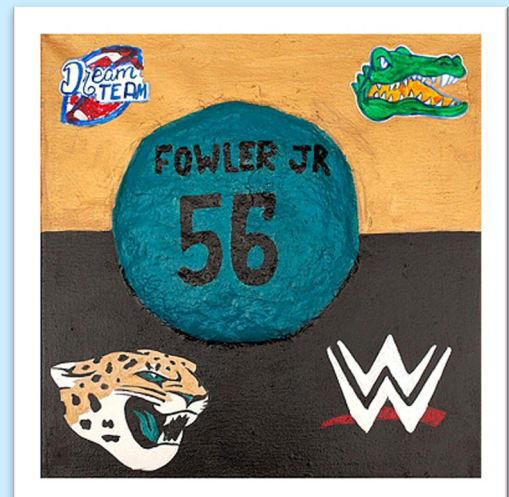
Launched a digital arts program



Preston Fowler, age 17, portrays sports symbols that are meaningful to him for his artwork for ***A World of Their Own***, sponsored by Capital Bank

*"I want people to know what my life has been like and what I have been through". He is incredibly strong and resilient, even after undergoing 51 surgeries since he was born.*

Some patients that we work with take off on their own with little guidance, some work more one-on-one with our artists who guide them through the process of creating their unique works of art.



## Partnerships

Continued partnership with U.F. Master of Arts in Arts in Medicine program for Interns

5 Interns from U.N.F. came through the program

Continued to work with Kids Together Against Cancer (KTAC), Jacksonville with their monthly support groups and began a new partnership with their eight week Summer *Climb Series* providing art session for families battling cancer

Created a new program for adult patients at St Vincent's Health Care in partnership with The Mayo Cancer Center outpatient clinic.

Created a new program for adults at the Mayo Clinic providing bedside art sessions



Kids Together Against Cancer, KTAC is a unique program designed to help children ages 5 to 17 whose parents, grandparents or caregivers are fighting cancer. During their monthly family night and eight week summer *Climb Series* AWAHIH provided art experiences for the group sessions.

## Operational

Maintained strong working Board of Directors, added 2 additional Board members in 2018; board meets 6 times per year

2 Staff artists attended The Arts for Health Florida Creative Caregiving Symposium, a two-day symposium focused on caring for caregivers in the military continuum, creative caregiving across the lifespan, and self-care

UF Health Arts in Medicine All Day Tour on best practices

3 Staff artists attended a 2 day Arts in Medicine Symposium at the Mayo Clinic



# Fundraising

**We appreciate the people and organizations who helped in community outreach through supply drives and donations. We can't do what we do without their support!**

2 Fundraisers at Stellers Gallery, Ponte Vedra location

Hosted our first seated wine and auction dinner at Royal Palm Village Wine & Tapas

Carter Family - Catie Cares Art-to-Go Bags

Mett Family - Art Supplies

Hannah Mendelson – Art Supplies

Stellers Gallery – Art-to-Go Bags

Crowley Family – Art Supplies

Girl Scout Troop 2010- Art supplies

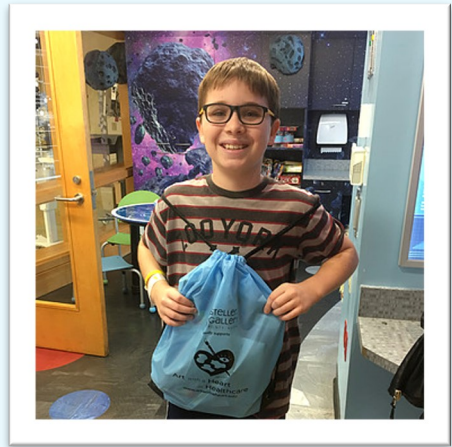
James Weldon Johnson Honors Society-art supplies

Lakeside Junior High- Art pieces for patients

Altar'd State Dress Shop

All Star Quilters Guild

Woodworkers of Jacksonville- wooden toys



Art-to-Go bags are filled with art supplies that children can use to express their creativity while in the hospital setting and beyond. Many of the people we serve have their first art experience with Art with Heart in Healthcare.

We are so grateful for Catie Cares and Stellers Gallery at Ponte Vedra for creating this opportunity for Art-to-Go for so many children.



It takes a team to pull off what Shannel Mett does in honor of her son, Kaylum. Each year the Mett family celebrate Kaylum's life by giving back. In February 2018, with the help of friends Diane and Tony Fiscarelli and Trent Maddox, owner of Amelia Rental and Management Services where Shannel works, the family collected money to buy art supplies for Art with a Heart in Healthcare.

## Our Impact

We have served **80,000** patients and families served from 2001 - 2018

## 2018

Total Patients Served - **12,000**

### Interns from U.N.F and U.F. Partnership

Since 2003 eighty one (81) students have come through the Art with Heart in Healthcare Internship

Number of interns in 2018 - 8

### Art Across the Airwaves

We welcome local artists to work with Art with a Heart in Healthcare for bedside sessions and in groups with patients and their families. We also contribute *Art Across the Airwaves* art programming via The Get Well Network which broadcasts live from the Wolfson Children's Hospital Media Center.

#### **2018 Presenters:**

Bob Drost  
Maddie Firestone  
Jill Olmo  
Brooke McKinney  
Matt Richards

*"Patients, family members, and staff all love the artists and the artistic expression opportunities provided."*

**Pat Kirkland, WCH  
Manager family Support Services**

## Volunteers

Our mission relies strongly upon our volunteers who provide selfless service, artistic talent, and compassion to the patients and families we serve.

Art with a Heart in Healthcare is grateful for the selfless devotion of our volunteers.

Patsy Moore

Pati Merrill

Helen Meatte

Janet Massey

Lisa Miyares

Olivia Clemons

Kianna Godoy

Teresa Graham

Carol Moon

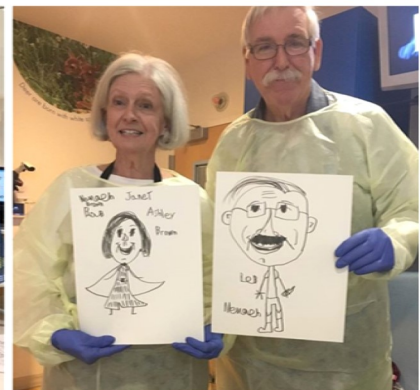
Ilyssa Harrington

Leigh Rodante

Pat Ryan

Steve Barr, visiting artist

AWAHIH Club at Stanton College Prep High School





## Services Provided by Grants, Fundraisers, and Partnerships

Nemours Foundation 2 Artists at Nemours Clinic

*A World of their Own* patient exhibition at the Museum of Contemporary Art (MOCA), Jacksonville – Capital Bank

Two-hour music & storytelling sessions weekly in Behavioral Unit - Woodcock Grant

Additional Artist in Residence at Wolfson for 20 hours a week - Cummer Grant

Additional Artist in Residence at Wolfson ED for 10 hours a week - Cummer Grant

Three group art sessions in Wolfson Behavioral Health - Hall-Halliburton Foundation

Distribution of 1200 Art-to-Go Bags - Carter Family and Stellers Gallery Ponte Vedra

Jay Fund Remembrance Weekend with over 100 family participants - Tom Coughlin Jay Fund

Work with patient to create art for three fundraising auctions - Tom Coughlin Jay Fund

Kids Together Against Cancer (KTAC) group art sessions - Kids Together Against Cancer

Extended nights and weekends - Hall-Halliburton Foundation

General operating funds - Fanny Landwirth Foundation

## Art with a Heart in Healthcare Services included but not limited to:

Group art sessions

Bedsides

Visiting artist sessions

Art requests

Photography

Jewelry design

Origami

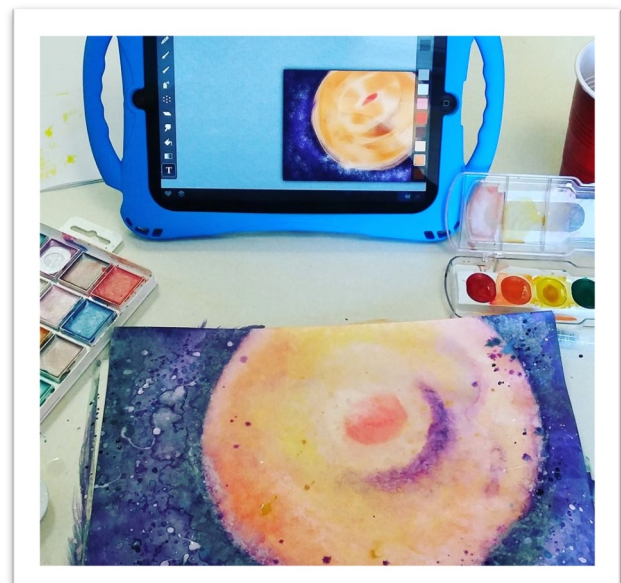
Music

Storytelling

Caricature artist

Media Art Shows

Digital Arts Program (new in 2018)



*Patient digital art recreated as a watercolor by one of our talented artists in residence*





# Art with a Heart in Healthcare Team

**Christy Ponder**  
Executive Director

**Lori Presto, MSW**  
Program Director

## Artists in Residence

Ajamu Mutima  
Samantha Solley  
Matt Richards  
Maddie Firestone  
Anne Roberts  
Bob Drost  
Alexis Audate  
Jill Olmo  
Brooke McKinney  
Nina Avis  
Meredith Sullivan

## Board of Advisors

Lori Guadagno - Co-founder  
Lisa Ullmann - Co-founder  
Robert Monsky  
Cynthia Jacoby Greene  
Katherine Loeb  
Sam Hall  
Guy Cuddihee  
Kathy Soler-Sala  
Jennifer Guthrie  
Melissa Roland

## Board of Directors

Brooks Cannon- Board Chair  
Kacey Roache- Secretary  
Judy Powell- Treasure  
Laird  
Hillary Whitaker  
Casey Andeer  
Bebe Alexander  
Bonnie Hayflick

## Honorary Trustees

Louise Freshman Brown  
Professor University of North Florida  
  
Suzanne Taylor  
Community Volunteer  
  
Karen Wolfson  
Wolfson Children's Hospital



# Sponsors and Partnerships

Art with a Heart in Healthcare extends its appreciation to the many philanthropic organizations, businesses and individuals who supported our mission during 2018. The success of our programs would not be possible without you. We look forward to a prosperous and exciting 2019.



Art with a Heart in Healthcare  
841 Prudential Drive Suite 150, Jacksonville, FL 32207  
904.306.0390  
[www.artwithaheart.info](http://www.artwithaheart.info)