How To Implement a Cardiac Emergency Response Plan

Sudden Cardiac Arrest (SCA) is the leading cause of death on school campuses, and the #1 killer of student athletes. That's why it's critical for your school to have a written and well-practiced Cardiac Emergency Response Plan (CERP). Created by a national task force of health and safety organizations, a CERP is a vital step towards sudden cardiac death prevention.

Be Prepared to Prevent Sudden Death At Your School

Form Cardiac Emergency Response Team

CPR trained and response ready, **the team helps implement the plan and conduct drills.**

Check Your Toolkit for:
- Tips to identify team members
- Recommended guidelines for staff training

Implement Emergency Response Protocol

A written plan documents your exact emergency action and should be incorporated into your EAP, School Improvement Plan or Safe School Environment.

Check Your Toolkit for:
- Sample plans you personalize to your school
- Forms to annually evaluate your plan

Install & Maintain AEDs Properly

Automated External Defibrillators **must be properly installed**—and never locked away—always accessible.

Check Your Toolkit for:
- Guidelines for installation
- Tips for site selection and maintenance

Conduct Life-Saving Drills

It's critical to **test your team's readiness and your plan's effectiveness** through practice. Involve your local EMS.

Check Your Toolkit for:
- Cardiac emergency drill format (like fire drills)
- Drill evaluation forms

Share Plan with School Community

Educate parents, staff, coaches **and facility users** about how they can be prepared to save a life, by understanding what SCA is and how to prevent it.

Check Your Toolkit for:
- Letters and flyers to circulate to your school community
- Resources to raise awareness about SCA in youth
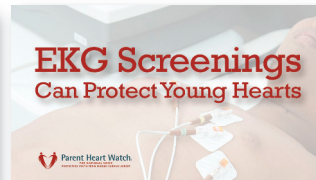
Parent Heart Watch®
THE NATIONAL VOICE
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST

Use Our Free Sudden Cardiac Arrest Prevention Resources

Educational Materials
Brochures, posters, postcards and flyers

DON'T JUST CHECK THE BOX

MISSION POSSIBLE
5 Steps To Save A Life

What would you miss most?

The Most IMPORTANT ASK YOU'LL EVER MAKE

EKG Screenings Can Protect Young Hearts

AED AUTOMATED EXTERNAL DEFIBRILLATOR — The Shocking TRUTH About AEDs

Videos
Library of short videos highlighting primary and secondary prevention

CERP Toolkit
Free templates and resources to prepare your school for a cardiac emergency

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One is stricken nearly each hour, every day.

You Can Save A Life FROM SUDDEN CARDIAC ARREST

CALL 911 to Get Help | PUSH To Triple Chance of Survival | SHOCK To Restart Heart

Follow Us on Facebook and Twitter for the latest news on sudden cardiac arrest and prevention in youth and SHARE with your community
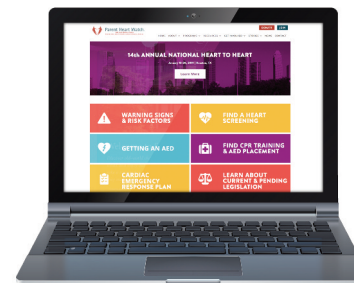
Online Resources
News, research, blog, legislation by state, SCA prevention tools and a directory of service programs

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