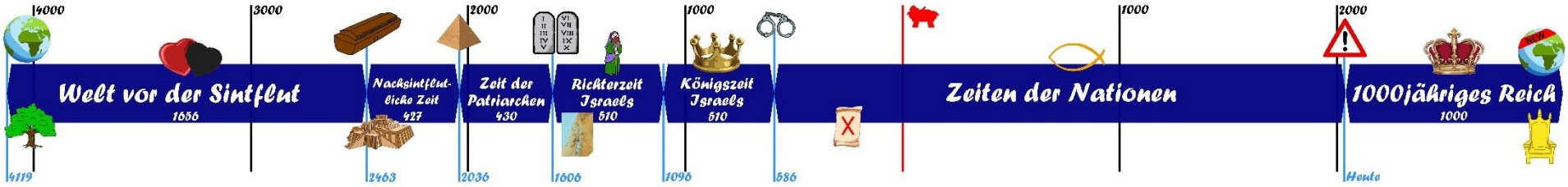Die 7 Heilszeiten