



Not only do we make the supplements! We make the supplements BETTER.

# TRIM-O-LEAN

60 CT & 90CT WITH AFRICAN MANGO



## WHAT IS TRIM - O - LEAN?

TRIM-O-LEAN all-natural weight loss formula is designed to destroy fat while energizing your metabolic rate by combining the effects of a fat burner with those of an energy booster.

TRIM-O-LEAN contains African Mango, Fucoxanthin, Trans-Resveratrol, and 8 amino acids.

### Ingredients:

**African Mango Seed:** There's a hot newcomer to the weight loss scene - Irvingia Gabonensis, a supplement made from bloodstream, with no known side effects. Leptin is a hormone secreted by the brain to signal to the body that it's had enough to eat. Overweight individuals have been found to have extremely high blood levels of leptin. These levels seem to indicate that their cells have developed a resistance to the leptin.

Supplementing a healthy diet with high doses of African Mango supplements have shown strong indications of success. A study by Lipids Health & Disease, found that subjects taking the mango extract lost an average of 12.3 pounds in 28 days. Pure African Mango extract contains no stimulants. The extract has been found to increase metabolism and boost weight loss more than 800%. Studies have shown a 39% reduction in cholesterol in individuals taking Irvingia Gabonensis.

Fucoxanthin is derived from an edible brown kelp/seaweed known as Undaria Pinnatifida (Wakame in Japanese). It is used to make Miso soup. Fucoxanthin promotes fat burning within fat cells. Studies have shown that it is effective in fighting the accumulation of abdominal fat. Abdominal fat is linked to heart disease and diabetes and happens to be the problem area for many dieters. Fucoxanthin is not a stimulant like Ephedra, bitter orange, and caffeine.

Resveratrol, an antioxidant found in the skin of red grapes, is used to slow the aging process, decrease blood sugar levels, bolster the immune system, and improve overall health.

Amino acids are the "Building Blocks" of the body and help in the fight against obesity by burning fat more efficiently and suppressing appetite. Besides building cells and repairing tissue, amino acids form antibodies to combat invading bacteria and viruses; they are part of the enzyme and hormonal system; they build nucleoproteins (RNA & DNA); they carry oxygen throughout the body, and are part of all muscular activity.

### Suggested Use

As a dietary supplement, take three (3) capsules two times daily. For best results, take early morning and early evening with 8 ounces of water or as directed by a healthcare professional.

### KEEP OUT OF REACH OF CHILDREN

**WARNING:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

**Serving Size:** Three (3) Vegi Capsules

**Serving per container:** 30

Amount Per Serving		%DV
African Mango	300 mg	+
Fucoxanthin	150 mg	+
Resveratrol (trans)	50 mg	+
L-Arginine	200 mg	+
L-Ornithin	150 mg	+
L-Lysine	100 mg	+
L-Glutamine	150 mg	+
Colostrum (bovine)	200 mg	+
Orthinine AKG	100 mg	+
L-Glycine	100 mg	+

† Daily Value Not Established

**Other Ingredients:** Hypromellose (derived from cellulose) Capsule

### Suggested Use

As a dietary supplement, take one (1) capsule with a full glass of water 15-30 minutes before morning and afternoon meals. Do not take near bedtime as the active ingredients may cause restlessness.

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### Supplement Facts

**Serving Size:** One (1) Vegi Capsules

**Serving per container:** 60

Amount Per Serving		%DV
Vitamin B6 (Pyridoxine HCL)	500 mcg	25%
Vitamin B12 (Cyanocobalamin)	1.5 mcg	25%
Chromium Picolinate	30 mcg	25%
<b>Proprietary Blend</b>	750 mg	†

Guarana Extract, Kola Nut Extract, Citrus Aurantium (60% Synephrine), Evodia (10% Evodiamine) Panax Ginseng (4% Ginsenosides), Green Tea, White Willow Bark, Yerba Mate, Cayenne 40M H.U., Ginger Root, Bladderwrack, L-Tyrosine, and N-Acetyl-L-Carnitine.

† Daily Value Not Established

**Other Ingredients:** Hypromellose (derived from cellulose) Capsule

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