



Not only do we make the supplements! We make the supplements Better.

CORYDALIS

4CT, 3 OZ, 1KG & 60 CAPSULES



WHAT IS CORYDALIS?

Corydalis for headaches, menstrual pain and back pain – even back pain caused by nerve problems or muscle spasms. Though corydalis has been used since ancient times, much of the modern research done on corydalis so far is still in early stages. Studies done in animals suggest that corydalis may be effective at treating pain triggered by cold and may help block inflammation and nerve pain.

A compound, dehydrocorybulbine (DHCB), is thought to be responsible for the herb's pain-relieving effects. Meta-Labs Corydalis appears to work similarly to prescription pain medications that block pain signals in the brain. However, experts say corydalis can be used to treat chronic pain without carrying the same risk of addiction that many prescription pain medications do.

Corydalis can be taken in multiple ways. It can be purchased as granules, which can be dissolved in hot water and then sipped throughout the day. It can also be taken as pills, which may take a little longer to take effect. You may need to take multiple capsules to equal one dose, so check the bottle. Experts recommend taking three to nine grams total per day, broken up into two or three doses. Corydalis can be purchased from Chinese herbal stores, online or sometimes from acupuncturists.

Meta-Labs Corydalis is generally considered to be safe for healthy adults, but experts recommend that it be used only for significant pain and not by people who just need occasional, minor pain relief. It should not be used by pregnant or breastfeeding women or by people with an irregular heart rhythm. It may also have some interactions with medications such as hypnotics, sedatives, cancer medications and anti-arrhythmic drugs. Always talk to your doctor before trying a new remedy or supplement.

Suggested Use

KEEP OUT OF REACH OF CHILDREN

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1tsp (5g)
Amount Per Serving %DV

Corydalis 5,000 mg †
(Yan Hu So)

† Daily Value Not Established

Other Ingredients: Hypromellose
(derived from cellulose) Capsule

Supplement Facts

Serving Size: One (1) Vegi Capsule
Amount Per Serving %DV

Corydalis 500 mg †
(Yan Hu So)

† Daily Value Not Established

Other Ingredients: Hypromellose
(derived from cellulose) Capsule

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