

Not only do we make the supplements! We make the supplements Better.





## WHAT IS DVR?

The word "vegetable" comes from the Latin vegetare, meaning "to enliven or animate," which is a perfect definition, as vegetables truly do give us more life. There is a large body of research (and it keeps growing daily) indicating that vegetables can prevent many diseases, especially chronic degenerative diseases such as heart disease, cancer, diabetes, cognitive decline, vision deterioration, arthritis and advanced aging. We can hardly read a newspaper or listen to the news without learning of yet another study showing the health-protecting benefits of consuming several servings of vegetables daily. The challenge is that most people simply don't consume the medically recommended five to nine servings of vegetables per day. Sadly, the average person consumes less than two servings daily and is thus deprived of the health benefits and protection that vegetables offer. Our DVR (Daily Vegetable Requirement) is extremely rich in vitamins, minerals, enzymes, chlorophyll and phytonutrients, providing a multitude of essential nutrients needed for optimal health benefits. In addition, you can avoid those midday crashes and stay supercharged throughout the day with Meta-Labs organic freeze-dried Vegetable Powder.

## Beneficial for those with:

- High blood cholesterol
- High blood pressure
- Type 2 diabetes
- Obesity
- Stroke
- Eye disease
- Asthma
- Chronic obstructive pulmonary disease
- 2 teaspoons = 7 servings of your daily veggie's.

Bursting with nutrition and health benefits, our vegetable powders offer all the goodness of fresh-picked organic vegetables right from the garden, yet in the convenient form of free-flowing powders, ready to use in any type of formulation including dietary supplements, green super foods, food bars, functional foods, and beverages.

## **Suggested Use**

Once a day, or more often if you would like, sprinkle two (2) scoops (6 grams) of DVR<sup>™</sup> on your food or mix with 8 oz of water or your favorite beverage. Stir briskly or shake briefly in a closed container until completely mixed. Store in a cool, dry place. Significant product settling may occur.

Don't miss out on your daily vegetables. (DVR)™ Daily Vegetable Requirement is packed with the power of 12 nutrient-dense, raw organically grown greens, sprouts and vegetable for the energy you need every day.

Contains no artificial flavors, colors, or sweeteners, and has no hidden ingredients.

Supplement Facts			
Serving Size: Two (2) Scoop: Amount Per Serving	s (6 gran	าร)	%DV
BROCCOLI CAULIFLOWER KALE BRUSSEL SPROUTS SPINACH RADISH CARROTS BEETS TOMATO CELERY ONION LEEK OR YELLOW PEPPER	17% 10% 7% 10% 4% 20% 7% 9% 5% 2%	Total Fat 0g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 120mg Total Carbohydrate Dietary Fiber 2g Sugars 2g Protein 2g Vitamin A Vitamin C Calcium Iron	0% 0% 5% 5% 10% 190% 4% 2%

These statements have not been evaluated by the Food and Drug Administration. The product above is not intended to diagnose, treat, cure, or prevent disease