

Make Your Choices Known

The Realities of Medical Interventions

Saturday, September 14, 11:00 am-1:00 pm in the Social Hall

**Rebecca Cutler, BSN, RN, a Certified Rehabilitation
& Hospice and Palliative Care Nurse**

Rebecca will share her personal experience with advanced medical interventions and what the outcome of treatment means in the short and long term. Advance Care Planning and Directives and the importance of Palliative Care are discussed.

This is an interactive session that includes Q&A.

The Program is sponsored by your Called to Care Team and includes Lunch.

Sign up at the Health Information Table on Sunday
or contact the church office 360-734-720 or email office@fccb.net

Honoring Choices

Who Will Speak FOR You, if You Can't Speak for Yourself?

Saturday, September 21, 11:00 am-1:00 pm in the Social Hall

Tessa Whitlock, a Certified Advanced Directives Facilitator

Tessa will share her personal experience with Advanced Directives and Medical Power of Attorney and show how to complete these documents. She will explain the use of Physician Ordered Life Saving Treatment (POLST) and how it differs other documents.

Micki Jackson will be on hand to notarize your completed documents.



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