

# CLEANING TO KILL HEPATITIS A



Whatcom County  
**HEALTH**  
Department



- There is an outbreak of hepatitis A in Washington State that includes cases among people living homeless in King, Spokane, Snohomish, and Pend Oreille counties.
- Hep A is very contagious.
- Special cleaning and disinfecting is important to prevent hep A from spreading.

## DISINFECT SURFACES THAT PEOPLE TOUCH A LOT



All bathroom surfaces



All kitchen surfaces



Anything else people touch a lot

## USE BLEACH + WATER TO KILL HEPATITIS A



Most cleaning products don't kill hep A.



Bleach kills hep A. Always mix bleach with water.

To check if a different product kills hep A, read the label. The product label should say "effective against hepatitis A" or "effective against feline calicivirus." Follow instruction on the label.

## HOW TO USE BLEACH TO DISINFECT FOR HEPATITIS A



- 1. Protect yourself from the bleach:**  
Wear gloves and a mask



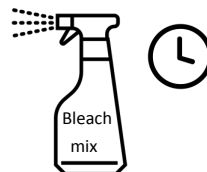
- 2. Get air flowing:** Open windows or use a fan



- 3. Clean surfaces:** Use soapy water



- 4. Disinfect surfaces:**  
*If using 8.25% bleach:* mix 1 cup bleach with 1 gallon water.  
*If using 5.25% bleach:* mix 1.5 cups bleach with 1 gallon water.



- 5. Let it sit:**  
Apply bleach mix, leave for 1-2 minutes.



- 6. Rinse with water.**  
Dry with paper towel or air dry.

**Don't save your bleach + water mix. It stops working after 24 hours.**

For more information: <https://www.doh.wa.gov/YouandYourFamily/Immunization/DiseasesandVaccines/HepatitisADisease>

# HOW TO CLEAN UP VOMIT, DIARRRHEA & BLOOD



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## 1. PROTECT YOURSELF



Wear disposable plastic or rubber gloves



Wear a disposable mask and an apron if available.

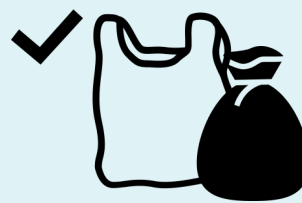


Use paper towels.



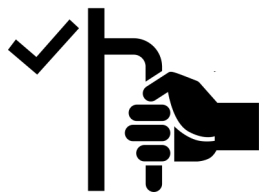
Wash hands with soap and warm water after cleaning.

## 2. REMOVE VOMIT OR DIARRRHEA RIGHT AWAY

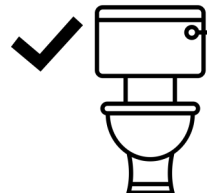


Use an absorbent material like kitty litter or baking soda on upholstery and carpets. Dispose of contaminated materials in plastic bag. Do not vacuum.

## 3. CLEAN ALL SOILED & NEARBY SURFACES WITH SOAPY WATER



Door knobs



Toilet handles



Machine-wash clothing

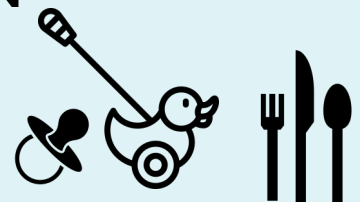
## 4. DISINFECT SURFACES WITH BLEACH SOLUTION



*If using 8.25% bleach: mix 1 cup bleach with 1 gallon water.*  
*If using 5.25% bleach: mix 1.5 cups bleach with 1 gallon water.*



Apply bleach mix, leave for 1-2 minutes



After applying bleach, rinse all surfaces with water.

For more information: <https://www.doh.wa.gov/YouandYourFamily/Immunization/DiseasesandVaccines/HepatitisADisease>