

Fravacado Avocado and Coconut Original Ice Cream  
Fravacado Ltd



2.36 Reviewer Rating

out of 5

50 Reviewers



CMR Ref: 190105

**19**

Score out of 50

Average for the category: 36

**Verdict**

A disappointing product that many found very expensive at £6.00 for a 500ml carton. There was some initial interest but, after sampling, the majority considered that the strong coconut taste overpowered the avocado and this product lacked the creamy texture of ice cream.

Price **£6.00**

Weight / Volume **500ml**

**Tried & Tested by people like you...**

Consumer Reviews	Star Rating	% Who Rated	Reviewer Comments*
	★★★★★	4%	Very nice ice-cream lovely flavour of coconut nice smooth consistency. Just very expensive. You could really taste the coconut nice and creamy
	★★★★☆	10%	Nice taste - I like the strength of the coconut but £6.00 is expensive. I know Avocados are expensive but £6.00 would be too much to spend on one tub of Looks more like a sorbet the coconut overpowers the avocado for the price of £6 it didn't have the wow factor I wasn't sure what to expect, but once tasted I was pleasantly surprised. It looks like a premium product and is priced as such, but I do think it's too expensive
	★★★☆☆	32%	Lovely taste and smooth texture but fat too expensive for a tub of ice cream Good but far too expensive It was ok. It wasn't easy to scoop out at all, it was more like a sorbet than an ice cream and wasn't creamy at all. It's too expensive for what it is
	★★☆☆☆	26%	Not much taste and very expensive Too expensive Disappointed. I expected more flavour and there wasn't much, just a hint of coconut.
	★☆☆☆☆	28%	More like a sorbet - maybe an acquired flavour Tasteless and expensive Taste ok. But very expensive

\* Reported verbatim as made by our reviewers

**Ingredients**

Coconut Milk 67%, Avocados 15%, Agave Syrup, Lime Juice, Stabilisers: Guar Gum, Xanthan Gum, Salt

**Nutrition per 100 g/ml**

Energy (Kcal)	Total Fat (g)	Sat Fat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
166	11.7	9.9	13.6	11	1	1	0.26

**Recommended Daily Allowance (%)**

Energy (Kcal)	Total Fat (g)	Sat Fat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
8%	17%	50%	5%	12%	4%	2%	4%

Daily Intake percentages are based on the requirements for an average female with no special dietary requirements and an assumed energy intake of 2000 kcal.